

# The Last Series

Actinium, Uranium, Plutonium and others

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## Foreword by Deborah Collins

The actinides, when transformed into homeopathic potencies, are remedies of our times, where life seems to be speeding up and old established systems are falling apart. Being at the far end of the periodic table, with the inherent tendency to decay, the Actinides correspond to the approach of death, the release of the physical state, the transition from the material realm into the realm of energy. In their raw state, the actinides, or radioactive elements, have an immense capacity for destruction, either by inducing genetic mutation and (fatal) illness, or from the effects of nuclear weapons or fallout from nuclear plants. The destruction can take place at an unprecedented level, as in the case of nuclear weapons, where a few powerful people have the decisive power to wipe out entire cities within moments. The damage can also have far reaching effects both in space and time, with winds carrying radioactivity far from the original site, and illnesses occurring long after the event. The insidious nature of radioactivity becomes apparent in illnesses where the origin is often untraceable, showing up only years later as deep-seated illnesses of, for instance, the bone marrow and the blood. Conversely, the actinides also have the capacity to bring about healing, in the form of radiation therapy and as homeopathic remedies.

The states requiring Actinide remedies are powerfully charged. Actinides' patients can feel fragile and unstable, in a continuous state of chaos and threatened disintegration. Physically, there can be severe pathologies or malformations, often genetic. The person may feel like they are living in a wasteland, between life and death, as might in fact be the case. Emotionally, the situation can be equally charged, with the person talking of "exploding", "falling apart" or "crumbling". The ailments can stem from an unknown source, events that may have taken place long ago or far away, perhaps in previous generations or past lives. This can include the results of overwhelming violence, that which has shattered someone to the core. There can be a sense of carrying the "sins of the fathers", and a need to compensate by being of great service to mankind.

While those in an Actinide state who are ruled by their shadow can cause untold harm to others, those who have delved deep into their unconscious, in their search for transformation can be the “wounded healer” for others, with capacities that are not restricted by time or space. Clairvoyance is not uncommon among Actinide people, as is the desire, and the ability, to heal with energy, often from a distance. This highly charged state requires an enormous vigilance for the person, in order to maintain their physical and emotional well-being, involving times of quiet, solitude, and often a spiritual practice. Many of the actinides explode when exposed to air, so immersion in water (baths) is also necessary and helpful. They often need to be careful around electronic equipment, as it may malfunction in their presence: computers break down, wrist watches stop, and even glass is known to shatter. Relationships can also be volatile. On the other hand, there can be wisdom far beyond one’s years, evident even in small children who have the capacity to “counsel” their parents.

In these times, our world is facing “Actinides’ circumstances”. We have discovered the potential of the radioactive substances, both for good and for harm. We are like the sorcerer’s apprentice, knowing a little about power and magic, but nevertheless capable of destroying ourselves by lack of wisdom. We are rapidly depleting our resources and polluting the very earth that sustains us. Our capacity for inflicting destruction on each other has never been so great and yet, more and more people are seeking a deep and true healing, delving into themselves and transforming their own lives into channels of awareness, for themselves and for the world at large.

The Actinides, in their correspondence with these extreme states, are able to help many take this transformative step. In this, they are similar to the Lanthanides, with which they are often confused, and also to the gem remedies. Just as with the actinides in their material form, however, the Actinide remedies require cautious use. With their ability to work at a very deep level, they usually need very little repetition; over-application and injudicious use can in fact prove harmful.

In this book, Margriet Plouvier-Suijs shares with us her extensive experience of the Actinide remedies. She has learned to recognise these states not only in

their severe forms, but in their subtle earlier manifestations as well, so that we can learn to prescribe these remedies before someone becomes so disastrously ill. She has included cases from other colleagues as well, broadening our knowledge and experience of these remedies. I most sincerely hope that this book will help us to utilise not only the more familiar Actinide remedies, but to venture out and learn to apply the full spectrum of Actinides in our practices.



# The Last Series of the Periodic Table

## Introduction

The Actinides belong to the 7<sup>th</sup> series of the periodic table. Jan Scholten uses the word Uranium Series in his book *Homeopathy and the Elements*. Francium and Radium are the first two elements of the 7<sup>th</sup> series. Actually these two elements don't belong to the Actinides; they differ chemically. Actinium is the 3<sup>rd</sup> element in the series; Actinium has element number 89. The elements numbered 89 (Actinium) up to 103 (Lawrencium) are Actinides.

In summary the themes of the series in Jan Scholten's book are:

- Hydrogen series: being, foetus, space.
- Carbon series: ego, child, body.
- Silicium series: friend, family, teenager.
- Iron series: worker, adult, village.
- Silver series: inventor, performer, middle age, city.
- Gold series: leader, ripe age, country/world.
- Uranium series: magic, intuition, old age, universe

The central words of these series are

Altruism

Communication, listening

Wisdom, (self) reflection

Observe, perceive

Overview, transparency

Sensitivity, Sympathy, Compassion

Trust

Universal truths

Old age, grandparent

**Archetype:** the testifier, the joker, the clown, the lightning conductor, the prophet

## Altruism

This is to be recognised in individuals like Mother Theresa: at a very old age she still cared for children and people who are widely ignored in this world in their need for help.

Nelson Mandela as well is a man who gave all his energy to change the system in South Africa; although he was in prison for many years and suffered a great deal, he held onto his beautiful message for the world. In his altruism his energy is never lacking. The only possible way to live is by giving.

## To communicate

They are very good at both verbal and non-verbal communication. This aspect is also seen in children: the language they use is not appropriate for their age. Whatever they say, they say it precisely. Thus a child of five being sent to her room and filled with anger said: "However then I'll go to my room and I will never return, not to eat and neither to drink!!" Catherine Coulter describes in her book *Psychological Portraits* about the use of language of people who need the remedy *Lachesis* and she gives an example of a child with such harsh language. The communication of the child needing *Lachesis* might resemble the communication of the child described above but in the Actinides however, there is no competitive element at all as there is in *Lachesis*.

## Wisdom, intuition

They are wise, not in the sense of being clever; they have a wisdom, which shows insight. The appropriate sense is intuition. They are clairvoyant and sometimes they simply know. They recognise if intuition is coloured by emotion and know the truth.

## To observe, to perceive

They see through people and their actions. They are adapted to several cultures and they will seldom be surprised by what happens. They can imagine every life-event, even the most inconceivable. The aim of living is to try to be at peace with each other. In the cycle of life quality has different

stages: we are victim, actor, indicter, judge, defender, we are condemned and finally we regret. People who need an Actinide know these stages and do not have any judgment. In observing that judgment is absent.

### Overview, transparency

They observe as if everything is transparent. They understand what is going on at the moment they see it. They do not filter. This way of looking at things is like using a hidden camera\*. Elderly people and little children observe the world around them in this way. The similarity of elderly people and children is that they do not react to the world they observe, they have no emotion about it; they are objective and just watch. Observing is pure and objective.

### Old age

The old age belongs to this series. In old age it is appropriate to be withdrawn while you are present. They do not intervene.

### Physical complaints

Cancer, bone marrow disorders, leukaemia.

Congenital deviations, genetic deviations.

### \*The hidden camera

Jan Scholten has literally dis-covered the Lanthanides for us; as homeopathic remedies they were previously unknown. In Boericke there is only one: *Cerium oxalicum*.

In his book *Secret Lanthanides* Jan Scholten explains the main theme of the Lanthanides, which is autonomy. Other themes are searching, going deep, reflection. I would like to add analysis and thinking to the themes he describes.

People who need Actinides do not use analysis. Whatever they observe is transparent; they know, insight and overview is there at the same moment.

For that reason I compare this observing with the use of a hidden camera. Observing is pure and objective.

These qualities of observation we learn in our profession as therapists. For practising homeopathy Hahnemann recommends this objective observation. In our profession it is a quality, but in daily life this quality can cause big problems. In daily life this objective observation of how people deal with each other can be a painful difficulty because of the sense of liability. Again and again the question comes up: ‘what to do with the insight, the overview and knowing?’ If all the tricks and playing games in human behaviour are transparent, how should we react? The only way to live with this quality is to improve compassion.

### Aetiology: the broken mirror

Children are most illustrative in showing the picture of Actinides. There is usually an aetiologic moment in their life. I call this moment: ‘breaking the mirror’.

Development in the first year of life:

Rapidly after birth the baby has eye contact with one of the parents, usually with some kind of recognition. From that first eye contact the baby has ‘imitating mimicry’. The parent and the baby reflect each other. Initially the child identifies itself in this mirroring face.

At the age of nine months the child is able to distinguish faces and indicates its preference, this is the period of timidity. The child develops the ability to remember the favourite face and give it a name, Mummy, Daddy.

Thanks to memory the child becomes aware of more than one face at the same time, mummy and daddy. This is the awareness of the triangle: father, mother and child. Up to that time the child was one unit with the mother. In the unity communication is non-verbal. At the time the child is aware of the triangle, it begins to talk.

Thanks to the awareness of the triangle the child will recognise his own individuality. At the age of three years the child uses the word ‘I’ for himself. At the same age the milk teeth are complete, the fontanel is closed, the child is able to jump (on the ground) and he says “I”: I want and I don’t want.



the parent and the baby reflect each other

In the course of the first years everything the child does is learned by imitation. In that mirror it recognises itself. When, however, there is a dramatic event in those early years and the parents cannot handle the situation, the mirror can be broken. From that moment on the child will no longer imitate the parents.

At that moment *Opium* or *Aconitum* or another remedy layer can come or cover up.

### The Actinide

If the remedy that is needed is an Actinide, something else will happen at the moment of the dramatic event. Let us look at the moment of the first eye contact between mother and child; this is the moment of recognition. We are able to recognise someone we used to know in a former life. If we, as human beings, reincarnate it is possible that the mother recognises the newborn child and vice versa.

Sometimes the reincarnation is one of an old soul. At the moment of a dramatic event, the moment the parents are not able to handle the situation, the reincarnated part of the child takes the lead in the child's life. The personality that learns "how to do" by imitating others, babies-instinct, will disappear. From that moment on the identity of that wise old person awakens in the child. That person will help the parents to return to normal, but afterward it is possible that this state continues in the child.

This is visible in the social behaviour and in the language the child uses. New words heard by him or her are immediately used in the correct context. For instance; a mother said to her two-year-old daughter: "You shouldn't show off," and the little girl answered: "No, actress, no!"

The disadvantage for the child in this condition is that his childish expression disappears; for the mother it is not appropriate to have this wise guy on her lap.

After the correct use of the Actinide remedies for these children they regain their childish behaviour.

In the history of adults who need an Actinide, I have seen this trauma in their childhood and the disadvantage of growing up in such a state. As infant or toddler they lost contact with their own inner child. They have no experience of quarrelling or standing up for themselves. The 'wise elder

person' inside them did not allow that kind of childish behaviour. For adults the correct application of an Actinide 'brings the child back' to life. From that moment on a process develops in which there is the growing of a resistance, like children during early childhood.

DD *Androctonus, Aurum, Carcinosinum, Diospyros kaki, Granitum.*  
Opposite: *UV-rays.*

# Francium

Francium is the first element of the last series. It is the last element discovered in nature. Marguerite Perey in France discovered it in 1939. The element is extremely rare. Some trace of Francium 223 amounts are found in uranium and thorium ores. Francium has an extremely short half-life. The half-life of the most stable isotope - Francium 223 - is 21.8 minutes. Due to the instability and the rarity there is no commercial application for Francium.

Francium is unknown in homeopathy.



# Radium

Strictly speaking Radium isn't one of the Actinides. It stands at second place in the seventh series of the periodic table. Marie Curie-Sklodowska discovered the element in 1898. The element was extracted from pitchblende. Before Radium she extracted Thorium from the pitchblende, but Gerardt Schmidt in Berlin, who had published about it two months before, had already discovered this element.

Radium is known for different purposes: as well as for radiotherapy, Radium is used in drinking and bathing water. Other exotic examples are: an electric blanket impregnated with Radium, a radioactive corset to treat rheumatoid arthritis and even more extreme: a remedy made from an extract of monkey testicles and Radium to cure impotency. Radium is found in cosmetic creams as well.

The effect of the radiation by Radium on the skin was obvious very quickly: erythema, redness of the skin as if it was burnt then healed spontaneously, leaving a depigmented scar. The handling of Radium sources caused the skin to burn on the fingertips, finally leading to carcinoma. Except for Pierre Curie, who died in an accident, all the people working with radioactive elements in those days died from malignant diseases.

In 1950 Radium was progressively replaced by artificial radioisotopes e.g. iridium 192, caesium 137, cobalt 60, iodine 125. Radium has been abandoned for radiation protection difficulties.

Actinide	Stage 2
Altruism	Be present, see
To communicate, to listen	Credit, appreciate
Wisdom, reflection	Accused, criticised
To observe, to perceive	Timid, insecure
Overview, transparency	Join, take place
Sensitivity, sympathy, compassion	Cover, mask

*Radium*

Universal truth  
Trust  
Old age, grandparent

Grant, adapt  
Look on

**Archetype:** the testifier, the joker, the clown, the lightning conductor, the prophet

Radium  
Careful communication  
Keep silent  
Reserved while listening  
Doubting about the observation  
Too insecure to trust  
Truth: never take anything for granted

Communication, listening: careful communication, reserved while listening

They communicate very carefully. A topic will be introduced, but they leave it to the partner in the discussion to take it or to do something about it. They seek the contact and abandon it, as if every word that might be said would be too much. They are insecure in communication and they let the other speak. They listen, but while listening they cover themselves. They follow the story smoothly, trying not to show themselves. As if it might burn their fingers.

Wisdom, reflection, trust: too insecure to trust

They have wisdom, but they don't dare to show it. They don't dare to trust. Wisdom expresses itself by confirmation: it seems as if they know every situation that people can be in. Therefore in a conversation it is possible to discuss every subject. They appreciate others because of what they express, but they are withdrawing themselves.

### To observe, to perceive: doubting about the observation

The uncertainty of stage 2 is expressed by withdrawing. As a bystander they don't mix in the situation because they feel uncertain; they prefer to be the observer.

### Overview, transparency: never take anything for granted

They do recognise the motivations of the behaviour of others as well as of themselves, but they continuously need to test their own analysis. Even what they learn from others, is tested. This is how they seek continual confirmation, still trying not to show themselves or their own opinion and ideas.

### Sensitivity, sympathy, compassion: keeping silence

They are very sympathetic, knowing and being able to feel the emotions that fit the circumstances. They try to put their emotion on the other, because they are too uncertain to show it themselves.

### Universal truth: keep silence

They are uncertain about the difference between their own interest and the general interest. They do not clearly state that there is a general interest; it remains unspoken. Others criticise them for not making things clear and this confuses them.

### Old age, grandparent

All of this mainly fits old age. At the end of life people are experienced, which makes them able to relativise, contemplate and let it be. Like a grandparent they withdraw. They don't intercede.

### Features

Dreams: Breaking glass, predicting dreams, fire, black and white surfaces, getting lost.

Delusions: Tantric experiences, the feeling as if the external ear is

widened, the feeling of moving forward and being pulled backwards.

Emotion: Ambiguous: to attract and to reject. Emotional swings.

## Symptoms

Cancer, leukaemia, aplastic anaemia, Hodgkin and non-Hodgkin disease, epithelioma, sepsis, necrosis, neuralgia.

- Head: Heaviness, headache, frontal headache above the right eye  
Eyes: Redness, sore pain <<reading, paralysis of the eyelids.  
Nose: Itching and dryness in the nasal cavities >>open air.  
Face: Violent trifacial neuralgia, acne rosacea.  
Mouth: Metallic taste, Prickling sensation of the tip of the tongue.  
Throat: Dry, sore, raw with earache, feeling in the throat as if from pepper.  
Stomach: Empty feeling, nausea and sinking sensation, aversion or desire of sweet, pork,  
Abdomen: Pain, violent cramps >bending double, rumbling, full of gas, pain over McBurney's point and at location of sigmoid flexure.  
Rectum: Alternating constipation and loose movements, itching of anus and haemorrhoids, rectum sore and prolapsed.  
Chest: Tightness, continuous tormenting cough >eating, sitting, exertion, open air.  
Back: Aching in back of neck, pain and lameness in cervical vertebrae <dropping head forward, >standing or sitting erect, lumbar and sacral ache, lumbar-sacral bone pains >hot baths, continuous motion, weakness between scapulae.  
Limbs: Deep pain in joints, knees and ankles, arthritis, pain in toes and fingertips, trophic changes in fingernails, dermatitis of the fingers.  
Skin: Erythema, dermatitis, itching, burning, redness, necrosis, ulcers, itching and burning over the whole body, scleroderma, depigmented scars, lichen sclerosis,

epithelioma, callosities.

Modalities: <motion, shaving, washing, smoking, rising.  
>open air, hot bath, continuous motion, after sleep,  
pressure, eating, cold drinks.

DD: *Hydrastis, Conium, Cundurango, Uranium, X-ray,*  
*Arsenicum, Causticum, Phosphorus, Pulsatilla, Rhus*  
*radicans, Granitum*

There are two salts of *Radium*: *Radium bromatum* and *Radium iodatum*.

## About Bromium

*Bromium* is stage 17 of the Iron series and some of the rubrics are:

Desire activity in business, must check twice or more, desire to look backwards. Jan Scholten uses the word 'guilt' for *Bromium*: the guilt is about work, the job: looking backwards when you retire: was it good enough?

*Bromium* has the fear someone is behind them and the delusion strangers are looking over their shoulder.

Other rubrics for *Bromium* are: indifference to domestic duties and household affairs, even children have aversion to domestic duties (Mind, duty aversion to domestic duties in children). Doing household duties you don't earn money. The guilty feeling is not about the household duties!

*Bromium* can start on waking as if suffocating; there is fear of ghosts; desire for company in the evening.

Combining the ideas of *Radium* with the ideas about *Bromium* of Jan Scholten (retire, adultery, guilt, penal servitude and passion) and with the rubrics about *Bromium* mentioned above, the themes of *Radium bromatum* are:

## Radium bromatum

Carefully communicate about what might be done wrong

Keep silent about their fear of ghosts

Reserved while listening even to passionate speakers

Doubting their observation about work or household duties

Too insecure to trust their child in household duties: takes it over all the time

Truth: never take anything for granted, especially not when the parents tell the child: "Ghosts do not exist!" *Radium bromatum* is in the rubric: "Fear of being alone in the dark, wants to have someone near."

## About Iodum

*Iodum* is stage 17 of the Silver series and some of the rubrics are:

Must keep busy, fear insanity if he wants to repose, must always move, impatience: runs about, never sits.

Jan Scholten uses the word obsession for *Iodum* and the obsession is about presenting, moving and speaking: fear of people, avoids the sight of people, ritualistic behaviour, must check twice or more, answering loudly, heedless loquacity, delusion she is falling on walking.

Impressionable, aversion being spoken to, aversion company of friends, avoids the sight of people, delusion is great person.

*Iodum* is not concerned with labour and work, but about being creative: fear and anxiety doing manual labour, fear of work, and concentration difficult when drawing, aversion being disturbed.

Aversion to be touched and desire to be held.

Anxiety when hungry and fasting, eating ameliorates, anxiety and sadness about the present.

Combining the ideas of *Radium* with Jan Scholten's ideas about *Iodum* of (emigration, fleeing, humour, obsessive, forgetful, culture, existence) and with the rubrics about *Iodum* that I mention, the themes of *Radium iodatum* are:

## Radium iodatum

Communicate carefully to avoid the heedless loquacity.

Keep silent and avoid the sight of people.

Reserved while listening to hide their impressionability.

Doubting their observation about ritualistic behaviour and culture.

Too insecure to express they want to be held.

Truth: never take anything for granted: they check everything they need for their existence.

### Case 1 Radium iodatum

A little two-year-old boy comes into my room and heads straight for a large wooden car with the exclamation: "That is a beautiful car!" My immediate response to his mother is: "He speaks well!" His mother doesn't notice: her son always talks this way!

They are visiting me, because of his sleeping difficulties. During the day he doesn't sleep at all; at night his mother sits beside him until he sleeps, usually around 10 pm. During the night he awakes screaming; it's better if his parents allow him to sleep with them. He is very busy; he never sits quietly and can be very impetuous. His development is rapid: he easily solves puzzles. He arranges toys: in the course of the appointment one car after the other appears on my desk, and all in a line. From time to time he touches me and says: "Ah lady, that is a beautiful freight car!" I give him the answer: "Yes, that is a beautiful lorry." Secretly I wonder whether he will adopt the word, but he does not do so.

He does not have time to cuddle. He doesn't make eye contact either. He just continues. If his mother gives a reprimand, he reacts as if he wants to say: "Ah let me continue!" Mother says: "He does not listen", but if that is true he would never have this pronunciation!

The pregnancy went very well; but the delivery was not that easy. He was in the breech position and they just managed to prevent a caesarean section. After birth he cried a great deal for eight to nine months with ear complaints. Mother had a very busy period after his birth: her husband lived abroad and she had to do everything on her own.

When it started to get better she was pregnant with the second child. Approximately six weeks before the birth of his little brother, the boy started to wake up screaming.

The labour of the second child was dramatic. At one point the mother

had the idea: “tomorrow I am no longer here”. After the delivery she had a haemorrhage. She received ten pints of blood; she had an embolism in the lung, and a thrombosis in the abdomen. She was operated on, but she lost consciousness before she got the anaesthetic. It took a very long time for her to wake up from the anaesthetic. In that time she had a ‘near-death’ experience.

I prescribe *Radium iodatum 30K*.

### Analysis

Arguments for the Actinide are: his pronunciation, his fast development and the fact that he anticipated what happened to his mother after the birth of his brother.

Arguments for stage 2: in his behaviour I recognise that he listens but he doesn’t show it, he hides.

Arguments for the *Iodum*: he is busy and he makes no eye contact (aversion company, avoids the sight of people). Mother says, “He doesn’t listen,” (aversion to being spoken to, doesn’t want to be disturbed).

### Follow up

During the first week he is quieter and sleeps during the day: he is tired. He sleeps at night through to 6 am. After a week he is on the run again and the mother repeats the remedy.

### Follow up

Next consultation after a month he is much quieter, he sleeps better, sits on your lap, wants to be cuddled and makes eye contact. Six weeks later he has another repetition of the remedy.

### Follow up

At the third consultation everything is OK. Even his pronunciation is changed and he is speaking in a manner more in keeping with his age.



## Case 2 Lichen Sclerosus, Radium bromatum/Radium iodatum

A woman aged 37 comes to visit me in 2005. Her complaint is Lichen Sclerosus. She is using an ointment from the dermatologist that contains corticosteroids. Even with the use of the ointment there is no improvement.

Three years ago she had endometritis due to an IUD. She received a course of antibiotics. Some weeks later a white spot appeared on the clitoris. In the beginning the spot was itching, desquamation followed and the spot grew over the labia.

Her skin is very healthy and generally she is very healthy. She says: it is as if my body excludes everything as soon as possible.

She is married and she is the mother of three children.

The first child, a son, was born after a pregnancy of 28 weeks. At that time she lost amniotic fluid and had a streptococcus infection.. The child died one day after birth.

Her second is ten years old. This child is born after a pregnancy of 34 weeks and everything was OK. It was hard for her to be pregnant, she felt ambivalent about it and after childbirth she had to learn how to be a mother.

The third is eight years old. This child, a daughter, was ready to be born at 32 weeks, but the birth was delayed until 37 weeks.

Again she needed antibiotics because of the streptococcus. During this pregnancy she felt more trusting.

She tells me that she still has contact with her first baby.

She cares a lot for others. She is helping a mother in taking care of her handicapped child, who has cerebral palsy and is blind. To help this child in a positive way you need to be very sensitive.

She likes to work, feeling useful is important. She easily feels guilty when she is doing nothing.

Many people ask her for help and most of the time she has to listen to

them. To listen and to be present is more important than the little things at home.

She is thinking and reflecting. She is rather positive, but she has her doubts about the way of conversation. She thinks over and over about what she said and what the question or the answer was.  
A conversation in a noisy room is irritating.

First remedy: *Radium bromatum 12K*

### Analysis

In the rubric: Skin, cicatrice white: you can find three remedies: *Kalium bichromicum*, *Radium bromatum* and *Syphilinum*.

I choose an Actinide because she is very sensitive in communication, she is very cautious when she expresses something and she has many doubts afterwards. This shows stages 2.

The *Bromatum* is chosen because of her guilty feeling about doing nothing. I gave *Radium bromatum 12K* because she is not aware of all this: it is just her behaviour.

### Follow up

Her complaints have decreased, but the itching is still there.

Her complaints are on her mind all the time. She recognises that a nephew of hers is much more easygoing.

Dream: she has tattoos on her neck with two names. She wants to get rid of the tattoos but she is worried about having scars.

And then spontaneously she says: "I stopped singing some time ago. I really liked to sing. I could express my feelings by singing. Now I intend to start painting."

Dream: the remedy for her itching was in the dream, but she forgot the name.

During last winter she suffered from fever blisters.

Second remedy: *Radium iodatum 30K*

### Analysis

The first remedy works partly. Singing and painting is in the silver series. It is her way to express. In her dream she forgot the name of the remedy. Forgetful is a word that fits *Iodum*.

I chose *Radium iodatum* 30K because the complaint is continuously in her mind is if it is fixed.

### Follow up

For three weeks it was very good. She didn't need the ointment as frequently as she did before.

Now the holidays have come to an end: I have to arrange the babysitter. That takes a lot of energy. I like my job, but to arrange all this is difficult for me.

During these stressful days she needs the ointment more frequently.

### *Radium iodatum MK*

### Analysis

The chosen remedy works fine, but at this moment she feels stressed and the complaint needs more attention. That is the reason I chose 1M.

### Follow up

The remedy worked splendidly. She didn't use the ointment for some time. Before visiting the dermatologist she needed the ointment again. *Radium iodatum* 30K gave relief

Now she says: "my husband is focussing on me. I think a lot about our first baby. He is leaving that to me."

### *Radium iodatum 10MK\**

### Analysis

The remedy is working very well. During this consultation for the first time she talks about her husband. He is focussing on her: in some way she

is in contact with their first child. What she is describing in this sentence is that he is focussing on their child as well, not directly but via her: in a covert (stage 2) way, he is joining her. For that reason I choose the 10M potency.

### Follow up

It is very good. From time to time she needs the ointment.

There was a big change and many things happened. The relationship with her husband changed.

She visited a group of spiritual people sometimes in the evening. In the beginning she went there all alone, but one evening her husband wanted to go with her.

He received news that evening: they told him that his mother's pregnancy with him was a twin pregnancy with a little sister. He checked the information and it was correct. Since then he is feeling better. He visited a magnetic therapist. The therapist diagnosed a blockage and this is gone.

The night after the first meeting she had the sensation that someone shook her hand. "Maybe this was my mother-in-law."

The medium told them that their son was with the mother-in-law. She died around the same time as they lost the baby.

\*I recognise in a potency 10M that two people are sharing symptoms of the remedy. In this case the history of the loss of a baby is repeating. For the husband it is in his unconscious, for her it is known. She has the physical symptoms of the remedy. The potency 10M is helping them both.

### Follow up - after five years

During the time I visited your clinic I learned a lot. I learned from introspection, I learned to come close to myself. You asked me about the contact with my first baby. Someone else put the same question and I realised that I really had that contact and allowed myself to feel it.

In the course of time I recognised that the symptoms of the lichen sclerosis are related to guilty feelings that remain unconscious. For month I'm free of symptoms and suddenly it shows up again. Now I try to discover my

guilty feeling and analyse it. It helps me to let it go and afterwards my complaints disappear.

So: my symptoms of lichen sclerosis help me to free myself of subconscious guilty feelings.

*Radium bromatum* is described as a remedy with good results for complaints after radiotherapy:

### Short Case Radium bromatum by Alex Leupen

Two years ago a 59-year-old man visited my clinic. He was suffering from a leaking fistula caused by brachytherapy for cancer of the prostate. To cure the fistula he had six operations without result. The fistula leaked continuously, sometimes watery, sometimes pus. The patient had to wear bandages all the time.

I prescribed *Radium bromatum 200K* every week, two granules. After some days the fistula was dry and never leaked again. The fistula didn't disappear, but his quality of life was much better.