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## Foreword

It gives me great pleasure to write the foreword to this book.

Initially when Sandra Petri approached me with her manuscript I felt that this would be a useful addition to the books on sensation since it gives a visual impression of the sensation of the various plant families.

As they say 'One picture is worth a thousand words'.

I felt that Sandra Petri's visual representations to be aligned to my experience of the families. I also liked the idea of the whole book being sort of informal or more at an artistic level rather than something very structured or formal.

I believe this also is in the spirit of the plant kingdom. We therefore felt that it is best to preserve the originality of the work including the handwriting rather than use formal typesetting.

This book is offered to the students and practitioners of homoeopathy with the trust that it will further help in getting not only the words of each family but an actual live experience by a look at the illustrations.

The best way of using the book would be to not only look at the pictures or the drawings but to put oneself in that position and observe one's experience of it. This book is also offered with the injunction that it should not be used as a shortcut but only as a synopsis after having studied the more comprehensive works on the plant families which are the content of the books *An Insight into Plants* (Volume 1, 2 & 3), and after a good grasp of the entire concept of the sensation as delineated in my earlier works namely *The Sensation in Homoeopathy*, *Sensation Refined* and *The Other Song*.

Rajan Sankaran

## Introduction

Many people are visual learners, this is an undeniable fact. So, why shouldn't we activate the visual memory capacity of our brain, and so keep better in our mind what we have learned?

When I was confronted with the numerous sensations of the various plant families, I asked myself how I could find a way to keep them in my mind, and how I could distinguish them easily.

I therefore started to create drawings to get a picture from each plant family, which was much easier to keep in my mind than only the written word.

I felt it was very helpful to illustrate the main sensation and the opposite of the families, and after a short time they took shape, and became dear companions and good friends.

I would like to share this experience with other homoeopaths and students of homoeopathy.

I hope you enjoy the pictures and you will get a deep acquaintance with the sensations of the plant families.

I dedicate this book to my parents, my husband and best friend, Herbert, and my dear sons, Julius and Jonathan, who are my pride and joy.

Sandra Petri

## Key

←→ : opposite /versus

amel: amelioration/ameliorated by/better

agg: aggravation/aggravated by/worse

An: Anacardiaceae

Ap: Apocynaceae

Ara: Araceae

B: Berberidaceae

Cac: Cactaceae

Com: Compositae/Asteraceae

Con: Coniferae

Cru: Cruciferae/ Brassicaceae

D: Dioscoreaceae

Er: Ericaceae

Eu: Euphorbiaceae

F: Fungi (Kingdom)

G: Geraniales

H: Hamamelidae

La: Labiatae/Lamiaceae

Le: Leguminosae

Li: Liliiflorae

Lo: Loganiaceae

Mag: Magnolianae

Mal: Malvales

N: Nepenthales/Carnivorous plants

Pa: Papaveraceae

Pi: Piperaceae

Poa: Poaceae

Pr: Primulaceae

Ra: Ranunculaceae

Ro: Rosaceae

Rub: Rubiaceae

Rut: Rutaceae

Sc: Scrophulariaceae

So: Solanaceae

T: Theales

Um: Umbelliferae

V: Violales

**Bibliography:** Rajan Sankaran; An Insight into Plants, Vol I- III

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DD:

Cactaceae = constricted + shrunk ↔ expand  
Cruciferae = getting stuck, obstruction  
Euphorbiaceae = bound ↔ unbound  
Primulaceae = paralysis from inside

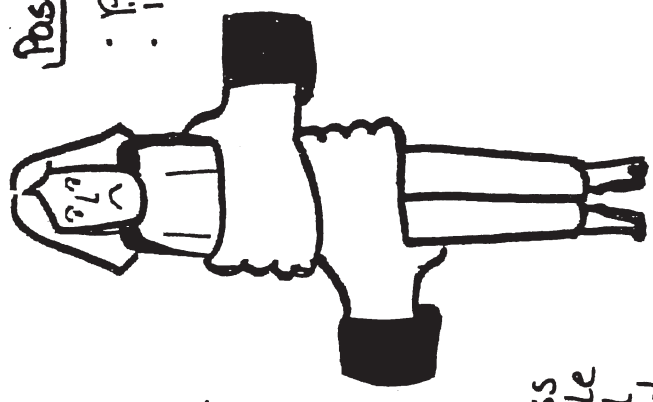
# ANACARDIACEAE

(Poison Ivy/Cashew family)

- RHUS TOXICODENDRON
- RHUS RADICANS
- RHUS VENENATA
- MAGNIFERA INDICA
- ANACARDIUM ORIENTALE
- ANACARDIUM OCCIDENTALE
- COMOCLADIA DENTATA
- RHUS GLABRA

→ there is a force from outside, which holds tight → unable to move

Caught  
stiff  
tight  
tension



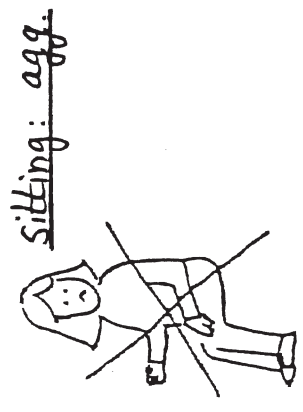
- stuck
- wedged
- trapped
- blocked
- gripped
- held
- hold of
- tightness
- inflexible
- limited
- restricted
- constricted
- as if dead

Passive Reaction

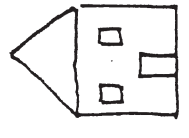
- paralyzed
- immobile

• cramps  
 • pressing

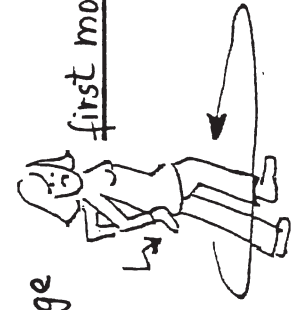
- inactive
- cannot move
- static
- frozen
- confining
- like a bandage
- bound
- bracket like



Sitting: agg.



in house: agg.



first movement: agg.

→ movement is not allowed  
 → you are stuck and want to move

Active Reaction (1)

- movement: amel
- wants to move permanently
- restlessness
- free
- release
- untied
- moveable
- inhibited
- flowing
- loose
- liberated
- unbound



Compensation

- always on the move