

# Rose Quartz

*The pink colouring in this form of quartz comes from traces of manganese. The crystal has long been associated with the heart, beauty and Venus. As a crystal it opens people to the appreciation of beauty in nature, art and music and stimulates the creative imagination enabling the design of beautiful forms. It is said to encourage states of childlike innocence and happiness.*

## **Essential**

The Heart Centre

Deceptive, hidden states

History of sexual abuse, especially by the father

Infertility

Lack of energy

Brings syphilitic miasm to surface

## **Esoteric**

Reluctance and grief in incarnating, at being here.

Allows those with a strong spiritual contact to function in the material world when they find it difficult.

Increases personal expression and creativity.

Removes false pride.

Egocentric and competitive with their spiritual awareness.

Naive and idealistic: frustration from the imperfection of the physical world.

Heals karma that was created in Atlantis and awakens Atlantean energy.

Gives protection in all circumstances, whether physical, mental or psychic protection.

## **Chakras**

Works on all centres from Base to Crown, but particularly Heart, Thymus, Crown.

Very powerful effect on the Heart Centre: releases ancestral grief, allows people to transmute more karma.

## **Heart**

Heals the heart.

Lack of joy, serious, heavy. Utter despair with potential for suicide.

Hysteria.

Manic depressive states.

Inability to forgive. Hardness.

Unemotional states. Suppression of emotions.

Goes deep into abuse: mental and spiritual.

Cruelty. Desire to hurt or grind down, to put down, keep down. Intolerance of cruelty, especially to animals.

## **Isolation**

Unappreciated and lacking in acknowledgement.

Lack of connection with other people; fear of people, inability to trust. Detached, trapped. Desire to be alone, feel alienated.

As if familiar part is missing and they have to go and find it.

## **Concentration**

As if in a dream. Day-dreaming, staring into space.

Paralysis of thought, as if having been asleep and just waking up. Slow thinking.

Forgetfulness and lack of concentration, doing things automatically. Absent minded.

Dazed sadness, but hearing very acute.

Reminiscing, playing over old scenes in the head.

### ***Anxiety***

Obsessive thoughts.

Anxiety, feeling of not being not good enough. Sense of inadequacy.

Concern for others.

Deception

People who hide, who are not what they seem. Chameleons.

Those who deceive, lie and flatter.

Hidden anger.

People confused by orthodox medicine; see a homeopath but want to do both.

### ***Energy***

Hurried and harried. Harassed as if there is too much to do.

Panic feeling, as if they won't be able to get it all done in time.

Clever and quick mentally < routine (opposite Bay Leaf).

Dislike of physical work and routine.

Careless about work; feels no need to put any effort in.

Cannot finish things.

Tiredness. Alternating states of tiredness and high energy.

Stasis – can't move on due to low energy (good for ME).

### ***Purification***

Purifies the immune system, parasympathetic nervous system, the kidneys, lungs, circulation, liver and thymus gland.

Cleanses: all forms of radiation, especially caesium and radium. It is a good vehicle for carrying radiation remedies.

Effects of chemical damage.

Vaccination damage.

### ***General***

Dark green discharges e.g. dark green watery diarrhoea.

Throbbing sensations.

Ailments from travelling e.g. sickness, sensitivity to ear pressure (planes and water).

< Routine and anything that stops the flow.

> Company, warmth, sunshine, sleep, movement.

Childish souls who do not learn or are frightened to learn due to damage from vaccination.

Those who do not wish to mature.

Leukaemia and all types of blood dyscrasia: even childhood leukaemia; give twice daily in liquid form with more constitutional remedies.

MS.

ME, gives vitality.

### ***Physical***

*Head:* crushing dark headache, affecting eyes and vision, aching, constant pain, vision goes blank, blindness.

Pain R temple, forehead, L centre forehead.

Sighing with dull headache and heavy eyes, ear pressure.

Affects left brain.

*Neck and Back:* pain lumbar, sacral; back L side; mid-spine sacral region with numbness and crawling sensation; coccyx.

Growths on spine R side.

Difficulty in holding the head up.

*Eyes:* floaters. Vision problems. Eyes irritated and watery.

Dryness and itchy skin around eyes.

*Nose:* pain coming down the nose. Right sided clear coryza.

*Throat:* cancer. Pain throat to R ear. Constriction, deadening, irritation, cough, dryness.

*Respiratory*: asthma: breathing slow, difficult, with fear, air hunger, hyperventilation, cannot inhale.

*Stomach*: nausea, deep in pit of stomach, like heavy weight. Desire for water.

*Abdomen*: extreme constipation, soft stool, then complete inactivity. Sharp pain spleen.

*Urinary*: problems. Sediment.

Works on kidneys and the kidney ancestral energy.

*Female and Male*: integrates both male and female energies.

Frigidity or asexuality.

Sterility. Infertility: allows high quality souls in.

Promiscuity.

Background of nasty sexual stuff: victim or perpetrator of sexual perversion.

History of sexual abuse or prostitution in this life or a past life.

For those confused about their sexuality. Homosexuality.

*Heart*: problems and pain. Good for circulation, veins and the arteries.

*Thymus*: pain in.

*Extremities*: lack of coordination. Clumsiness. Cold feet. Pain R hip going down R leg.

*Skin*: minimal sweating.

*Sleep*: sleep a lot, take cat naps, sleep as a refuge, desire to sleep. Fear or desire to go to sleep in case won't wake up.

*Bones*: chronic bone disease, weak bones, osteoporosis.

### **Connections**

Old cannabis smokers and those attracted to drugs.

### **Miasms**

Syphilitic: beautiful to look at like the crystal but dark on the inside.

Works on syphilitic and sycotic miasms; complements Med and Syph. Brings miasms to the surface.

### **Remedies**

Enhances the action of all remedies that work on the Heart Centre.

Rose Quartz + Ayahuasca + Parathyroid Gland for the separation in order to come into this physical manifestation, at any time, not just at birth.

Can be used with Nux Vomica to help bring peace where there is a lot of aggression.

Bay Leaf.

The elixir is good used with Lac Hum because the two remedies resonate quite closely to each other for the separation of the mother-child bond.

### **Prescribing Notes**

Works well with Crataegus and Kali Mur for heart symptoms. Use in low x potency.

Works on negative adrenal energy and can help incarnating soul and ancestors to shift this karma: here it works best with Syph, Merc and Thuja given in combination.

Elixir is powerful for those damaged by father or father figure. Use with Arnica very high.

Elixir also for those who bear a grudge and cannot forgive. Use with constitutional remedy.

The elixir given to a baby within 30 days of birth helps the baby to feel happier being here.

Use as gem essence or in potency in ice and put in the fridge: food will be irradiated with its energy and it will release electromagnetic stress that everyone is suffering from. Can also disperse radiation from a computer by allowing a shard of this ice to melt within 5 feet of it.

Sleep with the crystal under the pillow for access to dreams.

