

LARUS ARGENTATUS

Herring Gull (A scraping off the wing-root of a feather)
Order: Charadriiformes, Family: Laridae
Lar-arg.

Joy
Unity of all consciousness and recognition of all matter
Dream of how the spirit of God floated over the water like a bird and she got her energy back and her backache disappeared

Torture in captivity, Victim; dominated, beaten, abused, suppressed, pursued; they will kill me, grab me by the neck; throttle me, set me on fire (1)
Sens. throat as if screamed too much, Strong tensions
Isolated sens. of shooting coldness
Stitching pain and pinching

Birds
Freedom ↔ Restriction

In the process of working out her family situation
Clarity of thought; Sens. of an overview
I can see clearly now, I'm realising the meaning of life
The universe helps me to go my way
Dreams of seeing things from a different perspective
New ideas that I want to put into action immediately
Dreams: of planning the future; esp. family planning

Stuck in the frustrations of daily life; concerning her vision about her profession, about abusive family circumstances

Childcare duties shared equally between male and female

Dreams: Of family and friends
Of little children
Of celebrations; esp. celebrations for children

Alternating moods
Can experience joy and pain at the same time

Fear; in a group, others laugh, make a fool of me (1)
Del. she has been banished

Irritable and impatient

Crying without apparent reason
Feel like an eagle who fell down and broke his wings

Joyous and hum all the time
Much lightness and happiness
More energy and motivation
More contentment and calmness

I pick up my saxophone more often to play

Strong chilly feeling in the evening
Feeling chilly, attack of goose-pimples all over the body (d.d. Bran-cn-o.)

Before sleeping lies awake in bed for one hour
Sleep: awake late in the evening; can stay awake easily for a long time

More sexual energy
Better sexuality
More lust and activity on my part
Lust to be sexually together with my husband
I enjoy the longing
My body is full of sexual emotions

Hearing: Fine perception; good discrimination of various sounds; Hearing acute; for a short moment **I had the feeling of hearing, smelling and sensing everything in the room at the same time**

I don't know whether I sleep or dream or think I am dreaming (d.d. White Dove); I awaken consciously from a dream-space

Irregular palpitations of the heart
Some seconds of congestion
Heart beating; strongly feel heart beat

I feel a connection to the universe and to eternity by living in this space. I feel that I want to care and look for this space again

Feeling of total exhaustion
Physically like being knocked out in the morning but mentally fit
Sens. being knocked out after waking up (Birds general)

Slight vertigo; Sens. empty in the head
Vertigo; with heavy sweat; at night
Vertigo; on moving the head

Dry skin; esp. facial skin, esp. forehead and cheeks

Physicals/Generals

Oedema of the lower eyelids after waking up
Eyes as if glued together after waking up
Dryness of eyes, a little as if glued, amel. outdoors
Throat sore and dry sens; as of a hoarse voice; as if screamed too much

Strong tensions between the shoulder-blades with twinging pain
Strong pain in the lumbar region
Stitching pain and pinching sens. in the left big toe
Isolated feeling of shooting coldness between the 3rd and 4th toe; right Ganglion at the right foot diminished by two thirds
Extremely cold feet for some days

Ravenous hunger, 'attacks of eating'; Very hungry, esp. in the evening
I could eat constantly, regardless what kind of food; Des. sweets
I have no brakes concerning eating

Pain of the stomach, moving up to oesophagus; taking my breath away
Rectum: Smearly stool, Stool soft
Urine: Permanent urge to pass water; < during day
Frequent urge to go; just to pass a few drops of urine
Thirsty; constantly longing for clear water

Dreams

Clear picture in a dream of a little fuzzy white bird
Of flying; Of places located high up
Of water and the ocean
Image: a huge feather-like cloud in a blue sky

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Proving: Seagull - *Larus argentatus*, Wilfried Fink, Germany, ©1996
Many of the provers knew the remedy. This was one of the first modern bird provings. Remedy Available: *Remedia Homöopathie, Austria* and *Simillimum Pharmacy, New Zealand*
(1) Seagull case, Bill Mann