

ConTEntS

Acknowledgements	11
Introduction	12
What is homeopathy?	18
How is homeopathy different?	19
'Like cures like'	20
The remedies	21
Dosage	22
Homeopathy for challenging children	25
The homeopath's view of the child	26
Stages of treatment	27
Treatment schedule	28
Other treatments alongside homeopathy	29
An unconventional view of nutrition	31
Getting the best out of homeopathy	33
What to expect after taking a remedy	34
Expectations for the autism spectrum	39
How often are appointments?	39
What if the remedy doesn't seem to work?	40
Treating the whole family	40
Parenting challenging children	41
How to find a homeopath who is right for you	42

The strengths of homeopathy: The past and the future	45	
Challenging children in the past two centuries	46	
We are living in a time of change	47	
Current homeopathic research for challenging children	48	
The future: the need for more research	50	
The Aurum Project	51	
The children's stories	55	
ADHD	56	
Danielle	ADHD, destructive of her own things	57
	ADHD, Oppositional Defiance Disorder	58
	ADHD and obsessive compulsive behaviour	59
Anger	60	
Ethan	"He was born angry," ADHD	60
Kiera	Severe mood swings	62
Bailey	"He just walks out of class"	63
Glyn	Anger and night terrors	65
Anxiety	67	
David	Separation anxiety disorder	68
Monica	Panic attacks	70
Lola	Wants to stay home from school	71
lonathon	Baby insomnia	73

Autism		74
Lisa	"There are two Lisas-I ran away because I saw me"	74
Ashley	Autistic traits and childhood depression	77
Lynne	Slight autism, possible vaccination damage	79
Nathaniel	Autism spectrum disorder	86
Hannah	Severe autism	90
Sam	Head banging, definite vaccination damage	91
Physical problems		99
Andrew	Allergies, eczema, feeling withdrawn	100
Luke	Asthma and behaviour deterioration	105
Danny	Bedwetting, no self confidence	108
Marcus	Chest pain after sport	111
Ben	Cystic Fibrosis	112
Bethany	Down Syndrome and chronic ear problems	117
Harry	Eczema, waking frequently	121
Louis	Gastric reflux	123
Max	Silent reflux	124
Jessica	Idiopathic Thrombocytopenic Purpura	125
Jared	Sleeping problems	129
Poor concentration		133
Madeleine	Feeling scatty, can't concentrate	134
Tomago	"He's not in this world"	139
Carly	Poor concentration with a chronic headache	141

Sensitive children	142
Angela	Highly sensitive, always getting sick 142
Jeremy	Emotionally fragile 147
Tantrums	150
Robyn	Tantrums that last for hours at a time 152
Kylie	Tantrums 154
Steven and Gemma	Clingy and tantrums 157
Iason	Terrible crying and screaming 160
Flynn	Wants to get his own way 162
Tics and twitches	164
Roger	Twitches and impetigo 166
Glen	Tics and twitches, autism 169
Michael	Tics, arranging clothes pegs and delayed speech 172
Photos + Biographies	176
Practitioners locality guide - directory	208
Books and relevant articles - bibliography	212
Glossary	214
Index	216