

Disease is the cure in progress. It is the mechanism by which the body-wisdom asserts itself and communicates its needs. The homeopath understands that disease is never static. It is a dynamic process, always changing from moment to moment.

Healing is also a process, never a singular event. The wise homeopath remains mindful that many things may encourage a return to health, and does not imagine her own contribution to be more or less important than anything else.

Healing may appear to follow the taking of a medicine, but the consultation process itself provides an opportunity for a healing relationship. For many, the very decision to seek help is the first crucial step on a long healing journey. A wise homeopath named Burnett was fond of saying that when a ladder is used to climb a height, all of the rungs are equally important.

True healing involves a growth in consciousness, an opening in awareness and a return to oneself. Everything else is symptom relief.

THE HEALING PROCESS