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# Foreword

by Louis Klein FSHom

It is exciting to see how the profession of homeopathy is currently evolving. Many new remedies and provings have been introduced, as well as better access to information on older remedies. But this massive amount of new information can be indiscernible and overwhelming for the homeopathic practitioner in everyday practice. We need new ways to handle all this information and this is where *Psyche and Structure* comes in. This book gives a unique insight and clarification into remedies such as gemstones, which, even after being proven, were hard to understand and apply.

In this book, Peter Tumminello provides practical solace for the homeopath about a complex process and subject by virtue of his clarity and good writing style. He has initiated an easy-to-follow method and categorisation derived from assessing the crystalline structure and growth of certain minerals and gemstones. And in this way he divides up these homeopathic remedies into various general categories or 'systems.' He relates these systems to the human psyche, patient problems and pathology, thus giving a modern practical taxonomy based on crystalline structure.

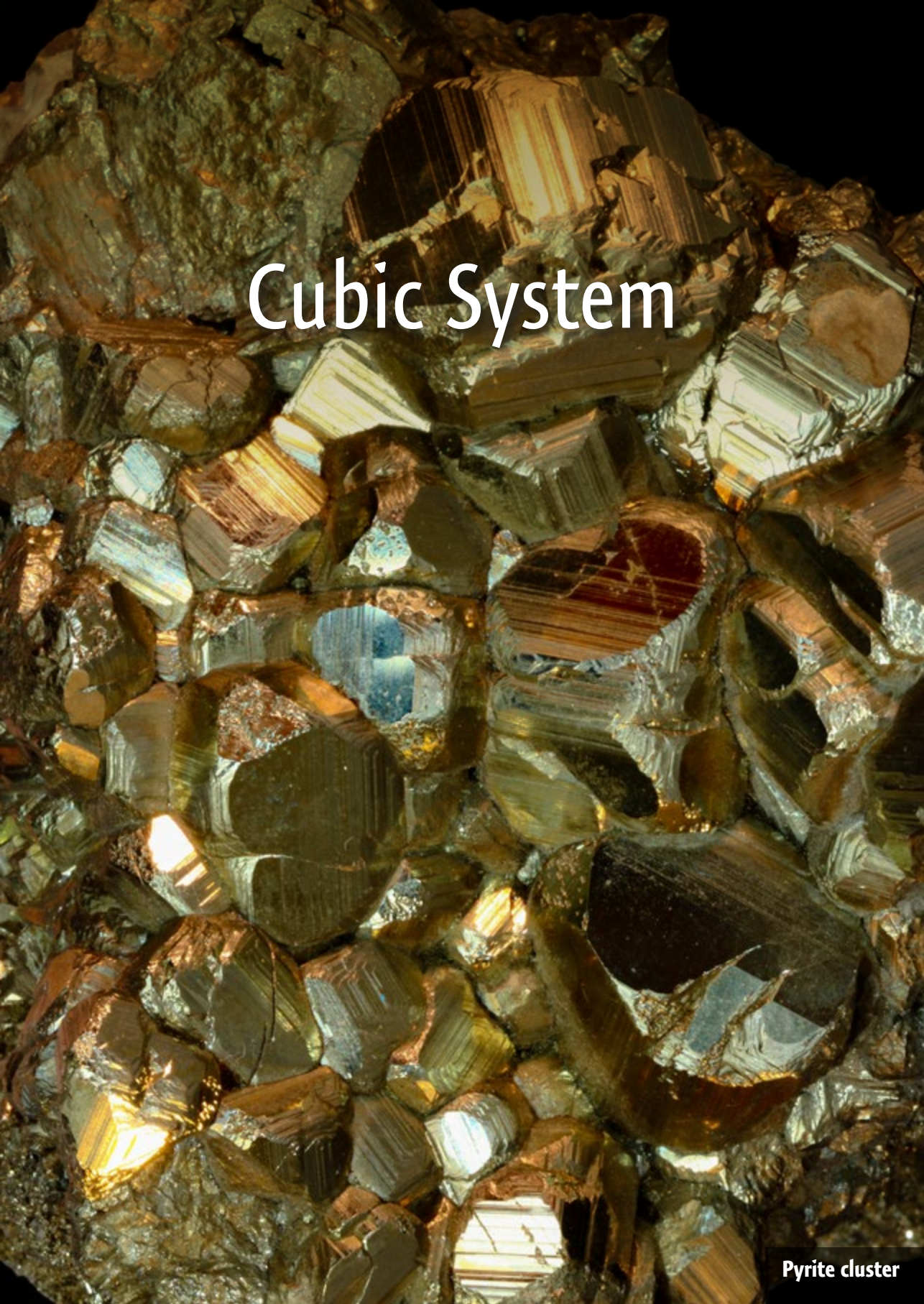
Throughout the book, Peter describes his own advancement to this magnum opus from his initial provings of gem essences and his work *Twelve Jewels*, as well

as his authoring of scientific works on the subject of crystal structure. The book then takes you through the whole process of grasping the relevance of 'the signature of the process of crystal formation as it relates to the human psyche.' It is important to note this type of signature work is much different and more complex than the simplistic idea of signature by Galen. There is no comparison. By utilizing the modern scientific complexity of crystalline systems, he has created a much-needed grouping and specific repertory of minerals and gemstones. Each crystalline system can give you general concepts describing themes and symptoms in patients needing a remedy from the particular system or grouping, (called for example hexagonal, triclinic, amorphous, to name just a few).

Only someone of Peter Tumminello's experience and stature could do this in so expert a fashion. The book has much useful clinical information from this very knowledgeable and insightful practitioner, author and teacher. I believe the clinical information and cases are where you will find the book to really shine. It is written in such a clear and honest style that it is easy to start right away to apply the systems and remedies. It is my pleasure to write this foreword to a work worth reading and, most importantly, applying.

# Cubic System

Pyrite cluster





The inner structure of substances that crystallise into the Cubic system is based on the square in two-dimensional and the cube in its three-dimensional form. This inner structure is externally impressed on the outer form of the ubiquitous common salt and is starkly evident in iron pyrite, which Mother Nature often forms as perfect cubes. There are many renowned homeopathic medicines which crystallise into this shape including *Arsenicum album*, *Aurum metallicum* and *Cuprum metallicum*.

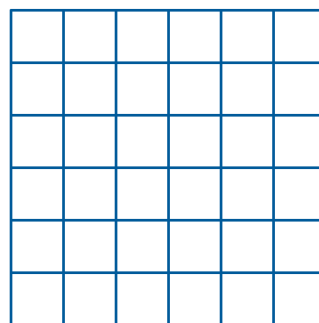
### ■ Cubic Geometrics



The **square**, along with the circle is the most basic of all shapes. The square carries with it a special place in the psyche of humanity, bearing the qualities of evenness, predictability and unerring regularity. It is like a house, while sitting firmly on its base, has a roof, walls and floor that are perfectly compatible. The nature of the shape relates to the need for stability, control and order inherent in the Cubic psyche. The square itself is synonymous with a box, with its metaphors of being 'boxed in' and whether one 'thinks outside the square' or not.

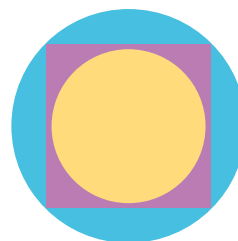
There are two types of relationship inferred when using squares to fill the space. The first is via the horizontal lines which divide into 'above and below' and infers their superior or subordinate attitudes which commonly appear in the workplace: 'I am the boss and you are the employee, you will do as I direct' – it implies traditional values. The other is 'straight up and down': there are distinct expectations,

limits and desires around relationships which are a fundamental requirement to the relationship and which make or break it. For example: the need for honesty; the need to meet a certain moral or behavioural expectation or the relationship that is only broken by death. The definitiveness, directness of will and strictness of requirement are salient in Cubic.



Filling the space with squares;  
Cubic and relationships

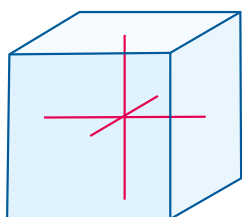
### ■ Encircled square



The encircled square is a picture of evenness and balance. Cubic people tend to strive for both these qualities in their relationship with self and the world. While both Hexagonal and Trigonal have these qualities, Hexagonal has a larger inner circle (more self-focused) and Trigonal has a smaller one (more societally focused). Cubic persons are commonly attempting to balance work, family, personal self and spiritual inclination.

## ■ Cubic Axis Vectors

Its three axes are the most simple conceivable: all at 90 degrees to each other and all of equal length. This three-dimensional regularity of the cubic axes amplifies the regular qualities of the square. Stability, order and control are firmly rooted in their mirror-like relationship to one another and this exists in no other structure. Light therefore passes through without breaking into separate rays, indicating its singular nature.



Cubic vectors: all perfectly equal and at 90 degrees to one another.

This ultimate order relates to many Cubic themes such as obeying the rules; narrow thinking; fixed and rigid attitudes; perfectionism; control, singularity and the attitude that nothing needs to change. While these qualities and attributes have a distinct play in the character of those who need Cubic medicines, the true nature of the human spirit is ultimately outside of these, in a dynamically free flow of life. This is the catch for Cubic as it generates great tensions and results in confusion of identity, addiction, compulsion and destruction.

When I see a Cubic crystal, I feel contained, firmly held and safe while restricted at the same time. It is easily understood, there is simplicity with no sense of mystery. There is also a wonderful sense of having everything in control and happily equalized by the force of will, especially with the octahedral form of the crystal.

## ■ Seed Concept: 'I am'

Cubic is the premier structure related to individuation of the psyche. I once knew a woman who was looking after a family of six children. It is quite a job to organise, feed, bath and care for six children at once. One evening she prepared the meal and called the children. One of them, a six-year-old girl, was playing intently in the garden and didn't respond. The dinner was getting cold. She left the table to fetch the child. Approaching her assertively she announced 'Come for dinner! It is getting cold!' The child was composed, slow to respond. Eventually she turned her head and looked straight into the woman's eyes. Emphatically, without falter, she said 'I am Madelaina!' Her inference of being answerable to none but herself struck the woman like a bolt of lightning. She walked away in shock.

While few Cubics will exhibit the stark intensity of this girl, they are, for better or worse, consciously engaged with defining their individuality. Hence themes of domination and control (of self and others),



Crystals of common salt, indicating the fixed 'dwelling on the past' of Cubic

## PRINCIPAL THEMES OF THE CUBIC PSYCHE

*Black and white: disputation*  
*Confusion of identity*  
*Death, loss and letting go*  
*Depth of perception and feeling*  
*Domination and control*  
*Duty, responsibility and guilt*  
*Egotism*  
*Fixed, rigid, resisting and hanging on*  
*Impulsive, unfettered, stage I*  
*Narrow thinking ... Broad horizons ... Original*  
*Negativity, criticism and obstacles*  
*Perfectionism, idealism, excellence*  
*Planning, order and logic*  
*Single, alone and total*  
*Sudden destruction, a bomb blast*  
*Wilful, uncompromising, assertive, oppositional*

being who they really are, questioning what is of truth, egotism and oppositional behaviour are all part of this anthem of the Cubic structure.

This theme, along with the quest for self-discovery, also lends itself to depth of

thought and feeling. Its polarity of shattering the individual self and becoming one with the whole is the related spiritual theme.

## The Cubic Psyche

### ■ Black and White: Disputation

Cubic features strong definitive polarities of desires and aversions. They tend to be black and white about various issues, having definite expectations about their desires, being positive or negative or replete with love then hate. They perceive the

events and players in this world as good or evil, right or wrong, there are no shades of grey. They will perceive people as 'good' or 'criminals', including themselves. You will hear things like 'all politicians are crooks!' It is attraction or repulsion for them, there is very little space in-between. In fact some

Garnet-grossular  
 Garnet-hessonite  
 Garnet-melanite [Garn-mel-cr]  
 Lapis lazuli [Lap-laz-cr/im]  
 Pyrite [Pyrit-cr]  
 Pyrite-sun [Pyrit-sun-im]  
 Sodalite [Sodal-cr/im]  
 Sphalerite [Sphal-cr]  
 Sphalerite-yellow-immersion  
 [Sphal-yel-im]

Spinel-red-immersion  
 [Spin-red-cr/im]

### Organic compounds

Thymolum [Thymol]

### Plants (S)

Agnus castus  
 Aloe socrotina  
 Arnica montana  
 Bellis perennis

Conium maculatum  
 Ledum palustre  
 Lilium tigrinum Millefolium  
 Paris quadrifolia (P)  
 Rhus glabra  
 Solanum tuberosum

### Nosodes (S)

Syphilinum

## Tetragonal Medicines

### Elements and minerals

#### Series 3

Magnesium fluoratum [Mag-f]

#### Series 4

Cobaltum fluoricum (P)  
 Ferrum fluoricum  
 Manganum fluoricum  
 Manganum oxidatum nativum  
 [Mang-ox-nat]  
 Titanium oxidatum (D – Ortho)  
 Zincum bromatum  
 Zincum fluoratum (P – c.b.  
 Ortho)  
 Zincum iodatum [Zinc-i]

#### Series 5

Indium metallicum [Ind]  
 Palladium oxidatum  
 Stannum metallicum [Stann]  
 Strontium bromatum  
 Yttrium phosphoricum (P – c.b.  
 Monoclinic)

#### Series 6

Baryta aceticum [Bar-acet]  
 Mercurius cyanatus  
 Mercurius dulcis [Merc-d]  
 Mercurius iodatus flavus  
 [Merc-i-f]  
 Mercurius iodatus ruber  
 [Merc-i-r]

### Lanthanides

Dysprosium phosphoricum  
 Erbium phosphoricum [Erb-p]  
 Holmium phosphoricum  
 Lutetium phosphoricum  
 Terbium phosphoricum  
 Thulium phosphoricum  
 Ytterbium phosphoricum  
 [Ytte-p]

### Gemstones and crystals

Apophyllite-clear [Apoph-cl-im]  
 Apophyllite-green  
 [Apoph-gr-im]  
 Apophyllite-crystal [Apoph-cr]  
 Cassiterite [Cassit-cr/im]  
 Chalcopyrite [Chalcop-cr]  
 Quartz-rutilated-crystal  
 [Quart-rut-cr]  
 (Tetragonal Rutile in Trigonal  
 Quartz)  
 Scapolite-cats-eye-crystal  
 [Scap-cat-cr]  
 Scapolite-crystal [Scap-cr]  
 Scapolite-purple [Scap-pur-cr/  
 im]  
 Scapolite-yellow [Scap-yel-cr/  
 im]  
 Scheelite [Scheel-cr]  
 Tugtupite crystal [Tugt-cr]  
 Vesuvianite-green [Vesuv-gr-cr/  
 im]  
 Wardite [Ward-cr]

Wulfenite [Wulf-cr]  
 Zircon-clear [Zirc-cl-im]  
 Zircon-crystal [Zirc-cr]  
 Zircon-pink [Zirc-pk-im]  
 Zircon-red [Zirc-red-im]

### Organic compounds

Urea pura

### Plants (S)

Agaricus muscaris  
 Anacardium orientale  
 Colchicum autumnale  
 Iris versicolor  
 Laurocerasus  
 Lycopodium  
 Mangifera indica  
 Mentha piperita  
 Thuja occidentalis

### Animals (S)

Moschus moschiferus  
 Synanceia horrida

### Nosode (S)

Carcinosinum  
 Oscilloccinum