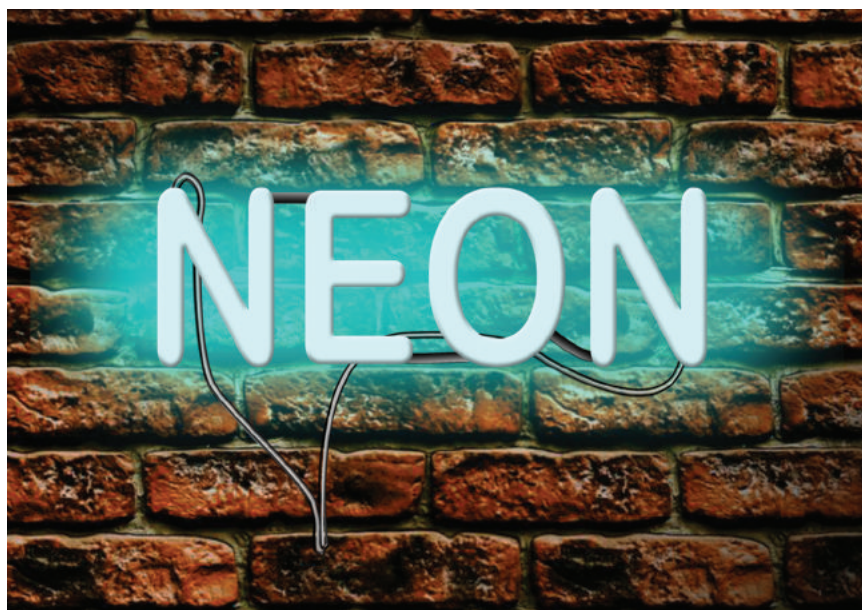


*A Dynamic Materia Medica of the Noble Gases*



**Jeremy Sherr**



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## NEON 1M HIGHER THEMES

There are two sides to every remedy. To understand the remedy fully we must perceive both sides and the nature of the split that separates the two. I mentioned in the introduction that while I had a good understanding of Neon's 'positive' side, I had neglected to study the opposite 'negative' side. Perhaps the attractive highlights had grabbed my attention. Floating on the surface of the Neon picture is an agile, blissful and contented state that outshines the less pleasant aspects, leaving them in the shadows. But while the positive side of a remedy may draw our attention, the negative side may be more important clinically. To elevate our perception to the next potency we will compare both sides of Neon, examining the nature of unification on the one hand and the results of division on the other.

### Positive



### Contentment

At its best Neon produces a state of blissful contentment in the here and now, an enlightened and effortless ease of being. With a full complement of electrons in its outer shell, neon has no need to combine with any other element, manifesting a desireless state which is reflected in the following symptoms:

Sitting on the sofa, feeling very peaceful, there is a stillness inside me; it's all right to sit here and watch the world through my window. The absence of the urge to do anything strikes me.

Feel very calm and peaceful inside, no desire to busy myself with a hundred things.

I am contented – not operating so much through my emotions/feelings, which is unusual for me. It is as if there is a calm part of me underneath which I do not usually have access to because I am constantly being pulled this way and that way by thoughts and feelings popping into my head. Now my mind is free of these distractions and I feel contented.

Lost the compulsion for extravagant shopping; only bought what I needed.

Feeling comfortable, peaceful and contented.

I had a general feeling of not wanting anything, I felt totally un-needy.

Feel totally desireless. Nothing I need or want, a tremendous oneness. It feels like paradise.

Perhaps more than any other symptom, the following best illustrates the contented state of Neon: total fulfilment with a lack of any aspirations or desires.

This is like being given more than you ever wanted, like wanting the sun and being given the universe.

### **Tranquillity**

Neon provers experienced a profound calmness. When one wishes for nothing there is no need to seek. Neon rests at its centre, motionless and tranquil. This is reminiscent of Helium, but is even more pronounced in Neon.

Feel calm and stable, with a greater awareness.

I am more relaxed, more in the present than usual. My mind is usually very busy and I do not just sit down and relax, but now I am less hurried and am able to sit down, gaze out of the window and listen to music. I would normally get tense about being late for an appointment, but now it does not bother me.

While cooking a meal for many people, usually a pressurised situation, I felt very happy and relaxed.

I have been less busy, meditating and reading, which I normally find hard to do.

### **Agility and effortless motion**

Walking up a long gradual incline, I felt I was covering great distances with every stride. I felt I was doing the usual 20 minute walk in seconds. I felt like a titan in seven-league boots.

While walking in the fresh air, I suddenly felt as if I was cruising along on an energy which was not of my own muscular power. It seemed as if it was coming from somewhere else. It seemed effortless and unreal. I felt as if I was passing everyone else.

Walking is effortless, light and free. I have a sensation of walking uniformly. I feel so different in my body. I am all in the now, especially in my lower legs and feet. At last, I touch the earth.

## **Bliss**

Ultimately Neon provers experienced a state of enlightened bliss. Everything happens in the here and now, and they feel at ease with the universe. If only our patients presented with such symptoms!

Today, walking around was like meditating – a sense of absolute oneness. It was like it was all happening and I was just observing. When I did Tai Chi, it felt effortless and blissful. I felt no resistance, a harmony between heaven and earth. I thought, ‘It’s great to be home.’ I felt I had been travelling all my life (perhaps for many lifetimes) and now I was home.

I felt very steady, warm, peaceful, content, and blissful.

Singing out loud to myself. Ecstatic feeling. Everything seems more beautiful.

Moments of universal happiness.

Neon centres itself in the present moment.

Prior to taking the remedy, I felt too far in the future. I feel as if I have taken a step back and am in the here and now.

Usually I am distracted by thoughts coming into my mind but now I am more focused and less hurried.

These feelings result in a highly spiritual state.

Dream of being a successful spiritual teacher.

Dream of being in a crowd with a spiritual teacher.

It was as if there was no difference between the observer and the observed.

In my mind’s eye I was in a desert. A wolf was looking kindly at me and asking ‘why are you waiting?’ It said, ‘You’re as resourceful and powerful a teacher as I am.’ Second vision was of a small desert owl that said, ‘You too can be wise and wonder with all-round vision.’ An amazed wonder although also with a sense of wandering in the desert with the wolf.

The last symptom is reminiscent of Helium which also has all-round vision. If we combine the blissful feelings with the Neon affinity for water we get a sense of dissolving:

Had the strong thought, 'My connection with the past is dissolving'.

Dreamt that I was 'Aquarius'. I was pleased about it though I had no idea what this meant.

Alongside this bliss are forgiveness and a total absence of guilt as identity melts into the One.

I now feel forgiven for the ultimate sin. I feel unbounded love for myself but I wonder, 'Is there a "me" anymore?' No more separations!!

Somehow I had a very profound realisation that this is my own life time. My usual feelings of guilt shifted and I was able to take responsibility for my own life.

I feel totally clean inside and out. I have lost the unclean feeling I always had.

The bliss and melting of boundaries result in a profound state of gratitude.

Woke extremely happy with feelings of gratitude.

Heart is full to overflowing with no boundaries. Tears of joy and gratitude. Great pleasure from and desire for far horizons.

We may summarise all the above in one short sentence:

*Dissolving of boundaries as the ego melts into the whole, here and now.*

I felt bathed in warmth and light. I lost the isolation of myself being myself. It was the most gentle feeling I had ever had in my life. My centre was immovable with great stillness. No thoughts flitted around – just awareness. There are no words to describe it. What I thought of as the normal 'me' was actually everywhere. There was no separation. There wasn't a 'me', my identity was still there but with no boundaries. This is like being given more than you ever wanted, like wanting the sun and being given the universe. Before, I just wanted enlightenment, but now I am aware that there are higher states of consciousness. I have set my sights higher.

A truly noble state!

## NEON 10M SPIRITUAL THEMES

### One divided

To potentise our understanding of Neon to the 10M level, we will investigate the proving fractals as multiple manifestations of a single idea.<sup>1</sup> The first theme to emerge is a sense of union, of becoming one, represented by the 'As if one person' amalgamation below:

I saw two points of white light merging together, becoming one. A sense of absolute oneness. It was as if there was no difference between the observer and the observed. I lost the isolation of myself being myself. I feel like an unfertilised egg, no division.

The opposite of this oneness is a sensation of division, reflected in the following symptoms:

Felt I could divide. Image of being split down the middle (left and right sides split).

Sensation of division in my head: left side clear, light and cool, right side warm, muzzy and dense.

Sensation that the top of my head was rising while I and the rest of my body were sinking, like a horizontal separation.

I have been living without a partner for 10 years, which I have really enjoyed. Now I have the uncomfortable feeling of needing a partner. This is a feeling of only being half and needing another.

---

<sup>1</sup> A fractal is a mathematical concept of repeated, self-similar patterns.



## As if one person

One person,  
as if  
Fragmented by the winds of life  
and ravaged by desire,  
disintegrated  
body soul  
faltering to trial  
antagonising will and  
mind your inner liar  
the coolness of your brain  
extinguishing your fire  
while restless legs  
are running nights  
and joints are turning stiff  
Then unaware  
you come to me,  
as if one being,  
As if.

## Numbers

Pure mathematics is, in its way, the poetry of logical ideas.

Albert Einstein<sup>1</sup>

I just read last year 4,153,237 people got married. I don't want to start any trouble, but shouldn't that be an even number?

Bill Murray (Twitter)<sup>2</sup>

It is apparent that one of the essential ideas of Neon is the polarity of oneness opposing division. The first whole number that can be divided is two, and Neon abounds with twos and its multiples. The affinity for numbers may indicate a predilection for mathematics, but the main idea is the number two itself. Neon completes the second period, which may explain its attraction to even numbers.

I've always really liked odd numbers. I suddenly feel the capacity to be even. Even numbers are much more attractive. I feel like I've never known even numbers and now I do. Half was missing. It is like a new toy of evenness.

Occasional thoughts about numbers: I have always felt comfortable with odd numbers. Now, being both gives a whole other dimension. To have had half missing for so long! What is different? From 3 to 1: slight tension. From 2 to 1: effortless, natural progression.

1	1 H								2 He
2	3 Li	4 Be	5 B	6 C	7 N	8 O	9 F	10 Ne	
3	11 Na	12 Mg	13 Al	14 Si	15 P	16 S	17 Cl	18 Ar	

Figure 8.1 The second period bridging the first and third periods

Thoughts about odd and even numbers. I had always jumped down from 3 to 1. That made me too high. I now feel that I need to work my way down, 3-2-1. In the past, it was easier for me to go up than to come down. Now I feel that I can go either way.

These symptoms suggest that the progression between numbers is as important as the numbers themselves. We can relate this to the evolution of the periodic table. Neon is the bridge between the first and third periods, as illustrated in Figure 8.1 and by the following symptom:

I had the sensation of being between two different experiences.

The preceding period containing Hydrogen and Helium is characterised by oneness, the journey from the homogeneous, collective universal soul to the single, individual soul. Neon represents the first division. We will see that the whole of the second period is occupied with the process of division, a process which is completed in Neon.

Illustrations of the neon atom display an extraordinary degree of even symmetry. Given that neon is element number 10 and that its atom contains 10 protons and 10 electrons, it is not surprising to find the number 20 featuring in the proving. Here are a few examples:

Dreamt of a huge construction whose centre was covered by a tarpaulin with 20 spokes radiating from it. A man beside me counted and said there were 20. I thought, 'Good, that's  $2 \times 10$ .'

Dream . . . she said the mirror belonged to somebody in Room 20. I searched upstairs and downstairs for room 20. . . .

Though Helium represents one, deep within its roots we can perceive the susceptibility to Neon's division.

It feels like I am stepping from the oneness to the twoness. (Helium)

Out of the darkness light was born. . . . Connecting us to life. One two, one two. (Helium)

I felt only half here, yet I was functioning very well. I felt clear, efficient, light and calm, as if I had left my other half in a dream. Each half felt