

## Table of Contents

**3 Preface**



**11 Radioactivity and Fear**

Homeopathy for Anxiety and Fears  
of Radioactive Contamination



**17 Radiation Contamination and Organ Systems**

- 18** Radiation Contamination of the Skin
- 20** Radiation Contamination of the Spleen
- 22** Spleen Remedies



**25 Blood Treatment for Severe Radiation Pathologies**

- 27** Damage Due to Increased Radiation Exposure
- 31** Homeopathic Blood Treatment
- 31** Six Cardinal Remedies for Blood Treatment
  - 32** Caesium metallicum
  - 33** Uranium nitricum
  - 35** Plutonium nitricum
  - 36** Cobaltum nitricum
  - 37** Radium bromatum
  - 38** X-Ray
- 39** Additional Remedies for Blood Treatment
  - 39** Cisplatinum
  - 40** Chlorpromazinum
  - 41** Sulfonamidum
  - 42** Streptomycinum
  - 42** Aureomycin
  - 43** Benzinum nitricum
  - 43** Carbo vegetabilis

# TABLE OF CONTENTS

- 44 Kresolum
- 44 Millefolium
- 44 Crotalus horridus
- 46 Platinum iodatum
- 46 Cadmium iodatum
- 46 Azathioprinum
- 47 Carbamazepinum



- 49 **Homeopathic Accompanying Therapy and Prophylaxis with Schuessler Salts**
- 52 Ferrum phosphoricum
- 52 Magnesium phosphoricum
- 53 Kali phosphoricum
- 53 Kali sulfuricum
- 54 Natrium muriaticum
- 54 Natrium phosphoricum
- 54 Silicea
- 55 Manganum sulfuricum
- 55 Selenium and Zincum sulfuricum
- 56 Molybdenum and Cobaltum
- 56 Germanium



- 59 **Naturopathic Blood and Immunity Strengthening**
- 61 Oxygen Supply through Nutrition
- 73 Measures for Immune Strengthening
- 77 Immune Strengthening with Rizol Oils
- 82 Breath as a Source of Health



- 86 **Appendix**
- 86 The Plussing Method with Two Remedies
- 87 List of Remedies
- 89 Recommended Reading
- 90 List of Illustrations and Suppliers
- 91 Courses
- 92 Author's Vita

## *Preface*

In view of the radiation catastrophe in Japan – which has harmed the air, soil and water and will occupy us in the coming years with the consequences of increased radiation contamination – we must change our way of thinking. We are at a turning point with regard to therapy. Up to now, we thought that we could conquer cancer through radiation and chemotherapy. Now we in Europe must also concern ourselves with the phenomenon that Japan has been battling for the past 60 years since the dropping of the atom bombs on Hiroshima and Nagasaki: cancers, weakness of the blood and immune system and organ degeneration as a consequence of radioactive contamination. If things should also advance to this point for us, radiotherapy would no longer be sensible. Although I am not interested in spreading doom and gloom, I think that it is time to stop acting as if the after-effects of radioactive contamination had not already been felt here. Our nuclear power plants are only separated externally by concrete from the surrounding world; the used fuel rods in the salt dome have only disappeared from the physical eye. People, animals, plants, soil, water and air in the radius of nuclear reactors have long become accustomed to the increased radioactive contamination. We do not measure this every day in order to prevent panic from breaking out. For example, if we take a more precise look at the health of people living on the border of France and Germany – where the French have preferred to position their nuclear reactors – the high cancer rate is conspicuous.

We human beings have created electricity generated by nuclear power; consequently, we also must live with it. Perhaps we will soon also be mature enough to realise, as German has recently, that we do not need any new nuclear power plants and that we should decommission the old ones. And that it is time to make a collective effort to restore the health of human beings, animals, plants, water, soil and air. As a result of globalisation, we are also bound to accept an increase in radiation exposure – even if this is in a weakened form. Which treatment concepts are sensible and what should be done as prevention is the topic of this guide. I do not claim to know all of the possible measures or everything about the treatment of radiation sickness. However, experiences in holistic cancer therapy and

the treatment of new illnesses due to radiation exposure through mobile phone masts are good guides.

When the German edition of my first volume of the *Organ – Conflict – Cure* book series was published with the title of *Blood – Fluid Consciousness* in 2008, quite a few homeopaths dismissed it disinterestedly. They thought that neither of the remedies were interesting nor the entire topic necessary. But I began the series quite consciously with this topic, which concerns everyone sooner or later in the treatment of severe pathologies. Now, just three years later, familiarity with remedies that are helpful in cases of increased radiation exposure has proved to be correct and necessary. Although the topic of radiation was previously limited to cancer therapy and its side-effects were seen as a necessary evil, we have now become much more comprehensively aware of it. For years, increasingly more people have been suffering from the consequences of the radiation exposure due to mobile phone masts. This has now been compounded by the global increase of radioactive radiation.



Fig. 1 – European nuclear power plant

My emphasis on the miasmatic and organotrophic use of homeopathic remedies also no longer needs to be disputed in view of the radiation exposure. We are dealing with destructive, syphilitic symptoms that call our arsenal of corresponding remedies into action. We require remedies that reach into the deepest destructive levels and can trigger a healing process from there. They must have the power to shift the organism's compensation from a life-threatening level to the next less severe one. In my experience, not many homeopathic agents are capable of this – especially not those with which we have been familiar for many years. It is characteristic that on the one hand we have the radioactive substances and on the other the “heavy artillery” of pharmaceutical medicine, both of which accost precisely the organ system upon whose ability to function we depend in the case of radiation contamination: the blood.

It must first take a catastrophe with dimensions such as has occurred in northern Japan with the earthquake, tsunami and radiation before we wake up and start thinking about this: How do we deal with something that does not have a smell, cannot be seen, cannot be heard and that drifts “soft-footed” on the winds around the globe, leaving a deadly trail? Is there also something positive to report about the increased radiation? Is there healing through radiation? Are we capable of dealing with the radiation exposure? Can we afford to continue maintaining nuclear reactors to generate energy or even build new ones? How can Austria sustain its civilisation so well without nuclear reactors? Oddly enough these are questions that have only recently become burning issues. Now they are acute because the problems in Japan have moved closer to us due to globalisation.

In holistic cancer therapy, we have long been forced to ask these questions since radiotherapy has a Janus face. In some cases it saves lives, but in many cases the consequences are devastating and do not cause healing. Something that is effective as an exception cannot be elevated to the rule. Yet, we have already attempted for decades to elevate the exception to the rule as an expression of the carcinogenic spirit of the times. Cancer and increased radiation exposure have almost become Siamese twins. We must therefore concern ourselves with this topic – without any panic, dogmatism or fatalism. This book is my contribution to dealing with

the topic in a level-headed way. Fear paralyses because it constricts us in our thoughts, feelings and actions. Free thinking is in demand since radioactive radiation is not an invention by human beings, who have just unreasonably increased the amount and challenged the spirit of the atomic nucleus. Radioactivity occurs in nature, but at a tolerable level for the good of the creatures. This topic should also be discussed. As in all things, the dose determines both the positive and negative effects. So let us take the middle way and find the right dose on the small scale and in the large collective.

In the future, a conscious lifestyle will inevitably become a necessity. On the one hand, this includes nutrition since it is the easiest path to a stable immune system. On the other hand, we must “counteract” the increased radiation by having a higher frequency. However, we do not accomplish this by becoming even more active, racing through our everyday lives and rushing from one appointment to the next. We can attain a higher frequency by creating a profound opposite pole of tranquillity – whether through contemplation, meditation or expanded perception. Then we can also keep a cool head and respond appropriately to the new challenges.

Furthermore, energetic healing impulses such as homeopathy or spiritual healing will become increasingly necessary because these healing methods remind our entire being of how we were intended by nature. The information of the homeopathic original substance comes from one of the nature kingdoms – the mineral, plant, animal or human kingdom – of which we consist to varying degrees. Through dilution and rhythmisation, a homeopathic remedy attains all of the energy levels – which include the mental, emotional and physical levels to varying degrees – but always embraces the whole.

In spiritual healing, an even higher intelligence is activated in that the healer becomes the channel for healing energy, which flows exactly where it is needed in an organism. In order to do this, healers must learn to switch off their ego consciousness and not interfere; instead, they must fully and completely trust the intelligence of the healing energy. These two power sources of increased frequency and radiation are accompanied by concrete measures such as nutrition, the functionality of the immune system, metabolism, blood regeneration and elimination of toxins.

The goal of this book is to offer both preventive help and a holistic treatment that focuses on homeopathy. More than ever, we will recognise that homeopathy is the medicine of the future since it reaches the consciousness and the physical/mental “body” of human beings.

May we achieve a consciousness similar to that of the Japanese homeopaths in view of the radioactive contamination, which expresses an unshakeable belief in the healing power of homeopathy. On 16/3/2011, five days after the earthquake and tsunami on the coast of the island of Honshu, 250 miles (approx. 400 km) to the northeast of Tokyo, Dr. Torako Yui sent this email to all of the homeopaths throughout Japan:



Fig. 2: Torako Yui

*Please bring the homeopathy home kit with you wherever you go.*

*Whatever happens, we who are involved with homeopathy shall maintain our strength and courage and offer a helping hand to those who need support.*

*The Japanese Homeopathic Medical Association (JPHMA) is offering the following two homeopathic remedies free of charge to people who are victims of this disaster and those who feel anxiety and fear.*

*The place to pick them up throughout Japan is the College of Holistic Homeopathy, Homeopathy Centre.*

- *The AAA remedies (Aconitum, Arnica, Arsenicum) are essential for this situation, and we advise you to always have them ready.*
- *The RA remedies (Cadm-s., Sol., Pluton., Rad-br., Uran-n., Caes.), which are suitable for damage from radiation.*

*You should keep the following remedies on hand for shock, trauma and emergencies:*



**3**

## **Blood Treatment for Severe Radiation Pathologies**

### 3 BLOOD TREATMENT FOR SEVERE RADIATION PATHOLOGIES

It is not an exaggeration to say that blood purification and blood regeneration are the alpha and omega of the holistic prophylaxis and treatment for radiation contamination.

Here are some of the therapies that are available to us:

- Homeopathy
- Schuessler Tissue Salt therapy
- Plant remedies
- Proper breathing
- Special forms of nutrition

As long as the blood is rich in oxygen, the inhaled oxygen also reaches the cells. When the cell respiration functions, our organism can deal quite well with radioactive contamination and we do not necessarily suffer from radiation sickness.

We can achieve an excellent form of prevention through a course of treatment with the Schuessler Tissue Salts, which is carried out for three to four weeks. This should definitely be followed by a break so that the organism can return to its own regulation.

We can also strengthen the effect of homeopathic remedies through certain foods, breathing exercises, herbs and special orthomolecular vital substances. Therapists should also trust their own experience and take it to heart.

**Note: Every long-term substitution with isolated substances weakens the immune system!**

**Note: Syphilitic remedies are not appropriate for prophylaxis!  
Destructive symptoms must clearly exist!**

Time and again, I must emphasise this because even homeopaths react with hysteria to the increase in radiation and immediately bring out the big guns by treating themselves with one of the six cardinal remedies. First of all, we should never even treat ourselves; instead, we should put ourselves in the hands of an experienced colleague and already have an holistic case taking. Secondly, the above-mentioned remedies have proved to be most effective in connection with constitutional remedies or special organotrophic remedies. This will be discussed in greater detail below. The clinical remedy picture should first help in understanding the type and degree of destruction in the blood.

#### 1. Caesium metallicum

This is a remedy of overriding importance for radioactive contamination because it destroys all of the blood parameters and is the best starting remedy for a holistic therapy. Its symptoms all have a destructive nature:

- Deformations of all organs.
- Serious weakening of the endocrine system, especially the adrenal glands!
- Cortisone production is blocked.
- Arteriosclerosis develops quickly in the brain, which is why dementia illnesses already occur in younger people.
- Inflammations in all of the organs, burning pain: skin, bones or soles of the feet.
- Advanced stages of cancer as the result of radiation contamination
- Patients feel separated from themselves, have no sensations, quickly assume a fatalistic attitude and are firmly convinced that they are incurably ill.
- Empirical value: *Caesium metallicum* 30c and *Thuja* 30c in the plussing method<sup>1</sup> alternating by the week help people to start feeling again.

<sup>1</sup> See Appendix.

They once again feel the physical and emotional pain. They gain the time to either come to terms with themselves and easily leave the body or they mobilise an enormous will to live.



Fig. 8: Caesium symptom sole of the foot

In Fig. 8, we see the foot of a female patient that shows signs of burns due to her radiation treatment, despite the fact that she had been treated with radiotherapy on the breast. The patient could no longer walk on the foot and suffered from burning pain, even though she otherwise felt as if her body had “gone dead”. *Caesium metallicum* and *Carcinosinum mammae* 30c formed the beginning

of the therapy, which was then followed by *Caesium metallicum* 30c and *Thuja* 30c. During this phase, the swelling in the foot diminished, the reddening of the burn decreased and the patient could walk again.

## 2. Uranium nitricum

The core problem is the slowed blood coagulation due to the deficiency of fibrinogen, prothrombin and Factor VIII. Reduced blood formation occurs.

Destructive symptoms are:

- Neutrophil granulocytosis.
- Leucopenia and lymphopenia.
- Polycythaemia vera.
- Thrombopenia.
- Erythropenia.
- Aplastic and pernicious anaemia.
- Frequent bleeding from the mouth, lungs, intestine and kidneys that becomes chronic.
- Development of diabetes insipidus with many symptoms and diabetes mellitus with liver-function disorders and a tendency towards ascites.

### Power Drink for Blood and Immune Strengthening

A special “power drink” for the blood and immune system with many amino acids and living enzymes can be made from the following ingredients:

- 6 carrots
- 1 handful of spinach
- 6 endive leaves
- ¼ beetroot
- 1 apple
- 1 slice of pineapple
- 1 tablespoon of cedar nuts
- 1 small glass of milk from a raw coconut

The fat-soluble vitamins are solubilised due to the fat content of the nuts. Enjoyed every second day, this drink will tangibly increase your vitality – as I have determined in patients who have been through radiotherapy.

Fig. 21

