Contents



1 The basics

1.1	How it all began	2
	Injured plants	
	Diseased plants	
1.2	The principles of homeopathy –	_
	in brief	
	Remedy proving and the law of similars Energised remedies, or the law of	5
	potentisation	6
1.3	Homeopathic compass for	
	your garden	8
	Choosing the right remedy	
	How to proceed	
	Dosage and administration of C potencies	10
	Remedy given – what next?	12
	Dosage and application in special cases	15
	Storing homeopathic preparations	16

1.4 Repotting houseplants

```
step by step ......18
```



2 Pests and damage

2.1 Effects of the decline in the bee population	25
2.2 Insects	30
Ants	30
Aphids	32
Box tree moth	35
Black vine weevil	37
Colorado potato beetle	
Scarlet lily beetle	
Scale insects	
Butterfly and moth caterpillars	
Owlet moth larvae	
Diamondback moth	
Caterpillars (cabbage whites)	
Leek moth	
Spider mites	
Whitefly	
Mealybugs	
2.3 Slugs	56



3 Pathogens and diseases

3.1	Fungal diseases	60
	Pear rust	
	Blight (rust disease)	
	Boxwood blight	
	Leaf curl	
	Cancer	
	Mildew	71
	Powdery mildew	
	Downy mildew	
	Monilia fruit rot and Monilia tip burn	
	Black spot	
	Tips for roses	
	Common leaf spot and leaf scorch	81
3.2	Bacterial diseases	82
	Leaf spot	
	Fire blight on fruit trees	
3.3	Viral diseases	87



4 Treating special signs of disease

4.1	Externally visible symptoms	92
	Excessive growth	
	Weakness	93
	Leaf discolouration	
	Deformity	97
	Weak root growth	
	Stunted growth	

4.2	Climatic damage	101
	Frost, frost damage, frostbite	103
	Hail	105
	Cold, cold damage	
	Mobile communications	107
	Waterlogging	
	Rain, constant	112
	Sea air, too much salt in air and soil	113
	Direct exposure to sun, sunburn	113
	Intense sunshine	115
	Contamination with acids	
	Injuries and consequences of stress	120
	Heat damage	121

4.3 Damage incurred during cultivation122

Lacerations (pruning trees and busiles)	122
Repotting	124
Contamination with chemical pesticides	126
Injuries	127
Neglected plants	128

4.4	Special measures to promote	
	tomato growth130	0



5 Houseplants

5.1	1 Homeopathic treatment	
5.2	Pests	138
5.3	Diseases of houseplants	139
5.4	Temperature damage	140
5.5	Water supply Waterlogging Drying out / heating air Neglect	141 142



6 Practical tips

6.1	Treatment examples for spring146Pruning trees and bushes146Frost and frost damage147Fortifying and strengthening plants147Warmth and heat damage / sunburn147Rain, long-lasting148sheep wool149
6.2	Treatment examples for cancer in woody plants150
6.3	Reports and cases of treatment151 Potatoes



7 Remedy descriptions (Materia medica)

7.1	Homeopathic remedies for
	your garden176

7.2 Remedies for special circumstances188



Appendix

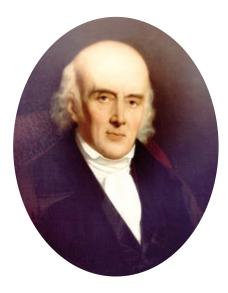
I	Table of modalities192
II	Practical example194
111	Basic homeopathic remedy kits for your garden195
IV	Template for your own treatments198
V	Bibliography 200
VI	Supplies and forum 200
VII	List of illustrations201
VIII	Repertory 202
IX	List of abbreviations 208
Х	Index 209
	About the Author213
	About the Co-Author214
	Imprint215

Foreword by Christiane Maute[®]

Samuel Hahnemann, the father of classical homeopathy, opened up a whole new line of thought for me. 200 years ago, he wrote: "Heal as gently and safely as possible". I take this motto to heart every day. And I am grateful that my teachers taught me to heal in this way. They triggered immense curiosity in me.

Treating people with classical homeopathy is something which fascinates me every day of my life. It seems logical to use this treatment method on plants, as plants are living entities – they are just as much a part of creation as we are. However, logic isn't always easy, and it took a while for me to understand that homeopathy can work just as well on plants as on people.

I'm a homeopath, but not a gardener – which is why I'm adding a word of encouragement for all future "homeopathic gardeners". I have a private garden, and am neither a gardener nor a botanist. Fourty years ago, I could barely tell the difference between a young kohlrabi plant and a rose. As you can see, no one is born a master of his art. However, over time all that changed. Gardening is a pleasure for most people, including me (and does away with the need to traipse to the gym).



Samuel Hahnemann (1755–1843)

If you manage to heal your plants with the help of homeopathy, you will find it twice as enjoyable. You may not succeed overnight, but every time it will be a bit better – and it's so exciting!

Another source of motivation for me is that homeopathic plant treatment clearly reduces the need for chemical pesticides and compounds – you may even be able to do away with them altogether. If we can put just a fraction of this into practice, we will be helping to protect our environment. The reaction to this book has been overwhelming and the proverbial snowball has turned into an avalanche, a source of great joy to me as I certainly had not anticipated it. The doubters may now be convinced by the positive effect of homeopathy since plants can surely not become healthy again due to the "placebo effect". With the correct remedy, plants that have been battered by weather, pests or disease can rapidly recover.

In the meantime, many amateur gardeners, professional growers, farmers and winegrowers use homeopathy on their plants, with unexpectedly successful results in many cases. Starting on page 151 we describe some of these success stories. Sometimes, however, it is more difficult to achieve the hoped-for improvement since homeopathic plant treatment is still a relatively new area and there is much still to learn.

This new edition of "Homeopathy for Plants" has been continually updated and improved based on our latest insights and experience. Those new to the treatment of plants can find a step-by-step guide to repotting. And there is a new chapter devoted specifically to houseplants. It would be wonderful if lots of people would take part in our research and give us feedback. Failures are also important and take us a step further. Many thanks in advance. I hope you will all have fun with "homeopathic gardening" and wish you the greenest of green fingers!

> Friedrichshafen, autumn 2020 Christiane Maute[®]

1.1 How it all began

Until now, homeopathy has played only a very minor role in treating plant diseases and deterring pests: a few daring souls formerly tried out a thing or two, but without making any kind of breakthrough - and this is still the case today. The experimenters were mainly winegrowers who were fed up with the amount of chemicals they had to spray on their vines. One newspaper article, for example, reported on a winegrower in South Tyrol who treated his vines with nothing but single classical homeopathic remedies and plant-based compounds, and was producing first-rate wines for top prices as a result. The wine grower naturally lost some of his vines to diseases, despite using homeopathy - but the same would have happened even if he had been using conventional pesticides.

In this guide, I make every effort to describe the use of homeopathic remedies in the garden as clearly and simply as possible. Below I describe how I started out by treating a damaged plant with *Arnica* – this motivated me to try out more. We have been using classical homeopathy in our garden ever since. We naturally also use proven, non-toxic "household remedies" and strengthen our plants with plant-based compounds such as comfrey, nettle, marigold and sage fertiliser or horsetail mash. We are constantly learning new things and are still at the beginning as regards homeopathic plant treatment. One of my main hopes is that our beautiful world will perhaps manage with far fewer chemical pesticides in future. This will be kinder to both the environment and our bank balances.



Fig. 1.1: Ms Maute with a delphinium

The amounts stated in our dosage table are approximate. Please avoid overdosing. The energetic information is decisive, not the amount. This book was originally written for amateur gardeners so that at least people's home gardens could be chemical-free. But we have repeatedly been asked about recommended dosage protocols for large areas with large amounts of water since professional growers and farmers are now increasingly keen to try the "homeopathic path".

To answer this question many factors need to be taken into account, such as the type of

Note:

Basic rule of homeopathy:

- Do not repeat the dose while the plant is getting better.
- Only repeat the dose if the plant showed signs of improvement and the disease is returning in the same way as before.

farm, the soil quality, what has been applied so far, and so on.

Remedy given – what next?

After giving the first dose of the remedy, you now have to wait and see if you chose the right one. Did the plant's condition improve, and if so, how long did the improvement last? Or was there no change whatsoever? Your next action will depend on the plant's reaction. In my opinion, this is the most difficult part of treating plants, and requires great sensitivity. You are sure to develop a feeling for this in time.

• Don't be put off if something doesn't go the way you expected. Just be patient and try again. Rome wasn't built in a day. Things don't always go toplan even in conventional plant cultivation.



Fig. 1.7d: Mixing the dissolved globules with water.



Fig. 1.7e: Stirring the water thoroughly.

13

	Dosage table	
Potency	Amount/Weight	Water (litres)
6 X	20 globules	~ 1–2
	¹ ⁄ ₄ teaspoons = 40 globules	~ 2–5 l
	1/2 teaspoons = 80 globules	~ 101
	1 teaspoons = $\sim 2 g$	~ 201
	1 ½ teaspoons = ~ 2,5 g	~ 301
High potency		
30 C/ 200 C/ 1000 C	4 globules	~ 1–21
	5 globules	~ 2–51
	6 globules	~ 10–201
	8 globules	~ 30 l

The stated dosages are for size 3 globules (~ 2 mm diameter). For size 5 globules, use roughly half the number of globules (but with the same volume of water stated above).

Where homeopathic plant treatment is concerned, we are still right at the beginning. It would be a good idea to share our experiences (→Homeopathyforum"Homeoplant"at



Fig. 1.7f: Watering foliage and root area.

www.homeoplant.de or www.mautepflanzenhomöopathie.de).

Improvement with subsequent relapse

The right remedy will bring about a clear improvement in the plant's condition after a short time (often after just 2–3 days, sometimes longer depending on the disease).

If the plant recovers but you notice after a while that the disease is coming back, repeat the treatment using the same remedy. Then wait another 2–3 days and observe the plant.

If the plant's condition improves, you don't need to give it any more of the remedy. You will only have to repeat the treatment if the plant succumbs to the same disease in the same way.

3 Pathogens and diseases Common leaf spot and leaf scorch

Common leaf spot and leaf scorch

This fungus – it is usually two different sorts – affects strawberries; it is often only noticed after the harvest.

Causes: Fungal spores (two different sorts), which frequently occur together, especially in rainy spring and summer months.

Signs of damage: Round, red to brown spots appear on the leaves. With common leaf spot, the spots have a white centre (\rightarrow fig. 3.20). The result is a loss of vital leaf surface for the plant. The leaves dry up and fall off. Weakened by the loss of leaves, the plant is less productive the following year. The fungus can overwinter on affected parts of the plant.

Treatment and prevention: Remove affected leaves and dispose of them in plastic bags. Ensure the plants are not too close together and avoid applying excessive amounts of nitrogen fertiliser as both these factors can encourage the fungus. Dispose of any runners. Avoid planting the same plants in the same place in successive years. Mixed cultures and garlics or onions are beneficial.



Fig. 3.20: If the problem is common leaf spot, you will notice that the spots have a white centre – this is not found with leaf scorch.

Arsenicum album 200C	-> Drying out of the leaves due to common leaf spot.	
Belladonna 200C		
Cuprum metallicum 30C		
Dulcamara 30C	→ Similar to Belladonna, with red-brown leaf colour. After waterlogging of roots in cold weather and waterlogging in compacted soils.	
Psorinum 200C	→ After cold and rain. The earth smells mouldy, old and worn out.	
Silicea 200C	→ Tonic for weak, puny plants, effects of cold wet weather and waterlogging during cold weather.	
Thuja 30C/ 200C	→ Fungal infection due to cold, wet, foggy and damp weather.	

Main homeopathic remedies for common leaf spot and leaf scorch



Neglected plants

By "neglected" plants, I mean plants which have been forgotten. They get too little water, then too much; they have too little soil, the soil may be washed out and not contain enough nutrients. This lack of care makes the plant vulnerable to disease.

Signs of damage: Brown leaf discolouration (\Rightarrow fig. 4.28). The leaves dry out and fall off; the plant is puny and may die for lack of food and water.

Cause: Insufficient care, poor soil aeration, poor location.

Treatment and prevention: The plant should be repotted or moved to a new, better location. Don't forget to hoe the soil around it; homeopathic remedies and plantbased fertilisers (stinging nettle or horsetail mash) may also help.

Fig. 4.28: Neglected frisée lettuce

Main homeopathic remedies for neglected plants			
Ignatia 30C	->	The plant wilts, seems "affronted", takes neglect badly, is positively diseased.	
Natrium muriaticum 30C	->	The plant wilts and may appear "wrinkled". After house moves, holidays, overwintering.	
Silicea 200C	->	General tonic.	
Sulphur 200C	->	Dry, "thirsty" plant. After errors in watering – too little and then too much.	



Fig. 6.38: Old but clearly rejuvenated almond tree one year after the first homeopathic treatment, May 2015.



Fig. 6.39: Large bunches of almonds, May 2015.

Almond tree

May 2015: state of an old almond tree in Portugal one year after homeopathic treatment. Remedy applied 2014: *Cimicifuga* 30C due to severe aphid infestation. The aphids rapidly disappeared. To the astonishment of the owner the tree was rejuvenated, with a burst of fresh green leaves (\rightarrow fig. 6.38). The left side has died but without any impairment of the tree's vitality.

The activation of the vital force can also be seen in the large clusters of nuts (\Rightarrow fig. 6.39). In previous years the old tree had only produced a few small almonds.

The difference in the size of the almonds before and after homeopathic treatment is clear (\rightarrow fig. 6.40).



Fig. 6.40: Left: almonds from an untreated tree. Right: harvest from a treated tree.

7.1 Homeopathic remedies for your garden

Aconitum (Aconite, Monkshood)

- Characteristics:
 - Sudden symptoms are typical of *Aconitum*. The plant reacts very suddenly, wilts extremely quickly and dries out
- Weather damage:
 - Result of cold, dry north wind
 - Result of sudden cold storm or wind
 - Result of hot days (intense sunshine) and very cold nights

Anthracinum (Anthrax nosode)

• Characteristics:

- Plant appears burnt
- Leaves turn dark or black, wither and rot; damage spreads rapidly, "like wildfire"
- Bark turns brown, cracks or sinks; reddish-brown wood under the infected bark
- Infectious orange-brown slime on the bark
- Shoots curl up like a "shepherd's crook"
- Special diseases:
 - May be helpful in cases of fire blight

Arnica montana (Leopard's bane)

- General effect:
 - Consequences of blows, impact, being dropped
 - Excellent tonic for all plants
 - Improves circulation in the plant's



- capillary system; *Arnica* ensures that the plant is properly supplied right through to the tips
- Problem-free repotting of sensitive plants or replanting of large trees in summer
- Damage caused by errors in cultivation:
 - Injuries from pruning
 - Injuries from repotting or relocation
- Weather damage:
 - After plant injuries from hail, storm and wind (e.g. breakage)

Arsenicum album (White arsenic oxide)

- General effect:
 - Indicated when plant growth is weak
 - Weak plants
 - Plants stay small and look puny
 - Plants dry out quickly
- Damage caused by errors in cultivation:
 - Contamination, e.g. by chemical pesticides
- Weather damage:

X Index

A

ABC method 107, 145 Acid rain 102 Aconitum 95, 104-106, 116, 120, 122, 124, 127, 145-146, 166 Algal limestone 49 Anthracinum 86, 166 Ants 30-32, 168 - Ant nests 31 – Black garden ant 30 - Red wood ant 30 - Yellow meadow ant 30 Aphids 32, 172 Apis mellifica 50 Arnica 2-3, 67, 70, 95, 97-98, 100, 105, 120, 123-125, 127, 144, 146-147, 165-167, 182, 185, 187-188 Arsenicum album 40, 52, 81, 93, 95, 97-98, 100, 122, 126, 165-166, 185

B

Bacterial diseases 82 Bee population, decline in the 24-29 Bees 24-29, 49-50, 102, 173, 175 Belladonna 6, 95, 104, 106, 110, 112, 114, 116, 120, 122, 145-146, 167, 184 Bentonite 49 Black spot 78 Black vine weevil 37 Blight (rust disease) 64 Box tree moth 35-36 Boxwood blight 66-67 Bright-line brown-eye moth 43 Brown rot 168, 170, 173

C

Cabbage moth 43-44 Calcarea carbonica 33, 41, 93, 95, 97-98, 100, 133, 167 Calendula 70, 93, 95, 99, 105, 120, 123-124, 127, 144, 146, 167 Camphora 32, 40, 42, 52, 165, 168, 182 cancer 143, 147 Cancer 70, 168, 177 Cantharis 86, 114, 168 Carbo vegetabilis 61, 65, 70, 73, 77, 79, 93, 95, 104, 119, 133, 147, 168 Carcinosinum 70-71, 77, 93, 147, 168 Caterpillar 42 Caterpillars (Cabbage whites) 46, 48-50 Causticum 86, 114, 119, 169, 178 Changes in the weather 168, 170, 173, 176 China officinalis 55, 94-95, 122, 165, 169, 182, 184, 186 Cimicifuga 32-33, 169 Climate and weather conditions 101 Climatic damage 101-102 Cold 106, 166-168, 170, 172-175, 177 Colorado potato beetle 38

Common leaf spot 81 Consequences of stress 120 Contamination 168, 171, 173, 175, 179 - with acids 118, 168, 175 with car exhaust fumes 171, 179 with chemical pesticides 126, 166, 175, 179 - with copper and sulphur in steam 175, 179 with hydrogen sulphide 171, 178 - with lead 169, 178-179 C potencies 7, 10 Crippled growth 174 Cultivation protection net 49 Cuprum metallicum 37-38, 41, 61, 64-65, 67, 72-74, 79, 81, 92, 95, 112, 133, 165, 169, 186 Cutworm pests 42

D

Damage - bacterial 82 - climatic 101-102 - diseases, by 4 - fungal 60 - incorrect cultivation, by 122 - injuries, by 3 - insects, by 30 - slugs, by 56-57 - viral 87-89 Dark-winged fungus gnats 137 Death 27, 31, 102 Deformity 97 Diamondback moth 45 Diseases 4 - bacterial 82 - fungal 60-61, 168-169, 176-177 - viral 87-89 Dosage 10 - cancer, in cases of 14 - cold, damage caused by 14 - fungal disease 14 - in rainy periods 14 - pest infestation, damage caused by 14 - wet conditions, damage caused by 14 - wounds 14 Downy mildew 73 Drainage remedy 176, 179 Dryness 167, 169 Dulcamara 67, 81, 106, 110, 112, 146, 165, 170, 182, 187 Dwarfism 99, 167, 174-175

E

Eaten bare 48 Ecosystem 24, 46 Emissions 102

F

Fire blight 84, 166, 169, 173 Fire blight nosode 86 Flea beetle 158 Fortifying and strengthening 143, 145 Frost 143, 145 Frostbite 103 Frost damage 103, 168, 174

G

Gelsemium 88, 114, 116, 120, 122, 127, 170 Glue rings 76 Growth – excessive 92 – stunted 99, 174-175 – weak 166, 179 – weak root growth 98 Growth enhancement 13, 130-133

Η

Hahnemann, Samuel 6 Hail 105, 166, 173 Heaps of earth 31 heat damage 143, 145 Heat damage 121, 167, 169, 172, 175, 177 Helix tosta 15-16, 56, 170 Homeopathy – choosing the right remedy 9 – how to proceed 9 – plant's reaction to remedy 12 – storing homeopathic preparations 15 Hydrogen sulphide 102

Ignatia 55, 96, 116, 120, 122, 128-129, 165, 170, 172, 182, 186-188 Incorrect crop management 49 Injuries 3, 14, 120, 127, 166-167, 169, 176, 179

Κ

Kali iodatum 96, 99, 108, 112, 170, 178

Kali phosphoricum 94, 96, 111, 119, 171, 178 Kalium iodatum 146

L

Lacerations 122, 167, 174 Large Cabbage White 46 Law of similars 5 Leaf curl 68, 177 Leaf discolouration 94 Leaf scorch 81 Leaf spot 82, 175-176 Leek moth 52 Light 101 Lightning strikes 173-174 long-lasting 143, 146 Lycopodium 61, 83, 94, 96-97, 99-100, 108, 171

Μ

Magnesium carbonicum 171 Magnesium chloratum 113, 171, 178 Magnesium phosphoricum 96, 133, 172 Mealybugs 55 Metamorphosis 46 Mildew 71, 170, 172, 176-177 Mixed crops 49 Mobile communications 24, 102, 107, 171 Monilia fruit rot 75, 168 Monilia tip burn 75, 177 Monocultures 28, 46, 49

Ν

Natrium sulphuricum 61, 64, 66, 68-69, 72, 74, 76, 79, 110-112, 133, 146, 165, 172, 186, 188 Natrum carbonicum 96, 114, 116, 122, 172 Natrum muriaticum 33, 96, 113, 116, 121-122, 128-129, 172, 178 Natrum sulphuricum 61, 66, 69, 72, 74, 79, 110, 112, 133, 172 Neglected plants 128 Non-parasitic factors 24 Nosodes 173 Nutrient deficiencies 24 Nux vomica 26, 55, 88, 105-106, 121, 124, 126-127, 165, 170, 173-174, 177, 183, 186

0

Overfertilisation 24, 172 Owlet moth larvae 43

Ρ

Parasitic factors 24 Pathogens 24 Pear rust 62, 64 Pest infestation 14, 176 Pests 18, 24 Petroleum 37-38, 40-41, 53, 55, 94, 104, 106, 127, 165, 174, 183, 186-188 Pheromone traps 30 Phosphorus 88, 94, 96, 113-114, 121, 127, 174, 178 Placebo 7 Pollutants 24 Potentisation 6 Powdery mildew 72 Precipitation 101 Pruning 143-144, 166, 168-169 Psorinum 5, 33, 41-42, 52-54, 81, 94, 96-97, 99-100,

104, 106, 145, 165, 174, 183, 186-188 Pulsatilla 26, 68, 106, 110, 112, 119, 126, 146, 165, 174, 179, 183, 186 Pupae 49 Pupation 46-47

R

Radioactive contamination 170 Rain 143, 146 Rain, constant 112, 167, 170-171, 173, 177 Reactions improvement and no response to repeat treatment 14 improvement with subsequent relapse 13 no significant improvement 14 Remedy descriptions 165 Remedy proving 5 Repertorisation 9 Repotting 124, 166, 170, 173 Rhus toxicodendron 14, 64, 68, 79, 83, 165, 175, 186, 188

S

Salinisation 24 Salt content in the soil 113 – too high 176 Salty air 102 Scale insects 41, 174 Scarlet lily beetle 39-40 Sea air 113 Silicea 33, 38, 40-41, 52, 61, 72, 74, 81, 94, 96, 98-100, 106, 110, 119, 121-123,

126-129, 145-146, 165, 175, 183, 186-188 Slugs 56-57 - infestation 170 Small Cabbage White 47-50 Soil - clay soil 108 - magnesium-deficient 171-172 - phosphorus-deficient 174, 178 - salty 99, 172, 178 Soil consistency 102 Solidago 61, 96, 113, 146, 176, 179 Sooty mould fungi, black 31, 54 Spider mites 53 Staphisagria 5, 33, 68, 121, 123-124, 127, 144, 146-147, 165, 176, 183, 186, 188 Stone dust 49 Sulphur 33, 36-38, 40-42, 50-55, 61-62, 68, 71-72, 74, 110, 121-122, 126, 128-129, 146-147, 165, 176, 179, 183-188 Sulphuricum acidum 179 Sulphuricum iodatum 179 Sunburn 113, 143, 145, 167, 172 Sunlight – direct 113 - intense 115 - too much 170

Т

Table of modalities 182 Tansy 49 Temperature 101

Thrips 137

Thuja 4, 36, 55, 62, 64, 66, 68-72, 74, 76-77, 79, 81, 83, 88, 106, 110, 112, 133, 146-147, 165, 170, 173-174, 176, 183, 186-188 Thunderstorms 174 Tomatoes, promote growth 130-133 Tonics and strengtheners 166-172, 174-179 Turnip moth 44

V

Varroa mite 28 Vespa crabro 50 Vespa vulgaris 50 Viral diseases 87-89, 170, 173-174, 177

W

Wasps 49-50 Water deficiency 24 waterlogging 146 Waterlogging 108, 170, 175-177 Weakness 93 Weather conditions 24 Wetness 14, 173, 175-177 Whitefly 54 White fungal spores 31 Wind 101 breakage 166
cold 172
dry 166, 170
warm 170

Х

X potencies 7, 15, 136 X-Ray 96, 98, 108, 177, 179

Ζ

Zincum metallicum 94, 96, 104, 177