Joy Unity of all consciousness and recognition of all matter Dream of how the spirit of God floated over the water like a bird and she got her energy back and her backache disappeared In the process of working out her family situation Clarity of thought; Sens. of an overview I can see clearly now, I'm realising the meaning of life The universe helps me to go my way Dreams of seeing things from a different perspective New ideas that I want to put into action immediately

Childcare duties

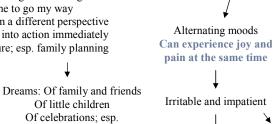
shared equally between

male and female



Torture in captivity, Victim; dominated, beaten, abused, suppressed, pursued; they will kill me, grab me by the neck; throttle me, set me on fire (1) Sens. throat as if screamed too much, Strong tensions Isolated sens. of shooting coldness Stitching pain and pinching

Stuck in the frustrations of daily life; concerning her vision about her profession, about abusive family circumstances



Fear; in a group, others laugh, make a fool of me (1) Del. she has been banished

Crying without apparent reason Feel like an eagle who fell down and broke his wings Dry cough; stitching in the lungs

Strong chilly feeling in the evening Feeling chilly, attack of goose-pimples all over the body (d.d. Bran-cn-o.)

Joyous and hum all the time Much lightness and happiness

Dreams: of planning the future; esp. family planning

More energy and motivation More contentment and calmness I pick up my saxophone more often to play

More sexual energy Better sexuality More lust and activity on my part Lust to be sexually together with my husband I enjoy the longing My body is full of sexual emotions

Irregular palpitations of the heart Some seconds of congestion Heart beating; strongly feel heart beat

Hearing: Fine perception; good discrimination of various sounds; Hearing acute; for a short moment I had the feeling of hearing, smelling and sensing everything in the room at the same time

Of little children

Of celebrations; esp.

celebrations for children

I feel a connection to the universe and to eternity by living in this space. I feel that I want to care and look for this space again

Slight vertigo; Sens. empty in the head Vertigo; with heavy sweat; at night

Vertigo; on moving the head

Before sleeping lies awake in bed for one hour Sleep: awake late in the evening; can stay awake easily for a long time

> I don't know whether I sleep or dream or think I am dreaming (d.d. White Dove); I awaken consciously from a dream-space

> > Feeling of total exhaustion Physically like being knocked out in the morning but mentally fit Sens. being knocked out after waking up (Birds general)

> > > Dry skin; esp. facial skin, esp. forehead and cheeks

Physicals/Generals

Oedema of the lower eyelids after waking up Eyes as if glued together after waking up Dryness of eyes, a little as if glued, amel. outdoors Throat sore and dry sens; as of a hoarse voice; as if screamed too much

Strong tensions between the shoulder-blades with twinging pain Strong pain in the lumbar region Stitching pain and pinching sens. in the left big toe Isolated feeling of shooting coldness between the 3rd and 4th toe; right Ganglion at the right foot diminished by two thirds Extremely cold feet for some days

Ravenous hunger, 'attacks of eating'; Very hungry, esp. in the evening I could eat constantly, regardless what kind of food; Des. sweets I have no brakes concerning eating

Pain of the stomach, moving up to oesophagus; taking my breath away Rectum: Smeary stool, Stool soft Urine: Permanent urge to pass water; < during day Frequent urge to go; just to pass a few drops of urine

Thirsty; constantly longing for clear water

Proving: Seagull - Larus argentatus, Wilfried Fink, Germany, ©1996 Many of the provers knew the remedy. This was one of the first modern bird provings. Remedy Available: Remedia Homöopathie, Austria and Simillimum Pharmacy, New Zealand (1) Seagull case, Bill Mann

Dreams

Clear picture in a dream of a little fuzzy white bird Of flying; Of places located high up Of water and the ocean

Image: a huge feather-like cloud in a blue sky



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