

Contents

ix	<i>Introduction</i>
1	<i>Alumina</i> : Mental instability
6	<i>Anacardium</i> : Good versus evil
10	<i>Argentum Nitricum</i> : Impulsive, erratic mentality
16	<i>Arsenicum Album</i> : Physical insecurity
28	<i>Aurum Metallicum</i> : Loathing of life
35	<i>Baryta Carbonica</i> : Immaturity
42	<i>Belladonna</i> : Mania
46	<i>Calcarea Carbonica</i> : Inertia
57	<i>Causticum</i> : The idealist
64	<i>China</i> : Sensitivity
70	<i>Graphites</i> : Blandness
76	<i>Hyoscyamus</i> : Erotic psychosis
81	<i>Ignatia</i> : Emotional roller-coaster
91	<i>Kali Carbonicum</i> : Rigidity
101	<i>Lachesis</i> : Sexual tension
110	<i>Lycopodium</i> : Impotence
133	<i>Medhorrhinum</i> : The passionate adventurer
143	<i>Mercurius</i> : The medium
172	<i>Natrum Carbonicum</i> : Natrum, but more 'earthy'
175	<i>Natrum Muriaticum</i> : Suppression of emotional p
223	<i>Natrum Sulphuricum</i> : The fiery Natrum
227	<i>Nux Vomica</i> : The conqueror
249	<i>Phosphoric Acid</i> : Emotional numbness
254	<i>Phosphorus</i> : Lack of boundaries
273	<i>Platina</i> : Hysteria, pride, nymphomania

Contents

- 279 *Pulsatilla*: The feminine principle
- 293 *Sepia*: The independant woman
- 310 *Silica*: Delicate and determined
- 321 *Staphysagria*: Suppressed anger
- 337 *Stramonium*: Light and dark
- 343 *Sulphur*: The inspired ego
- 368 *Syphilinum*: Morbidity
- 378 *Thuja*: Sexual guilt
- 386 *Tuberculinum*: Restlessness
- 398 *Veratrum Album*: Dogmatism
- 402 *Appendix*: An Elemental Analysis of Constitutional Types
- 412 *Index*
- 417 *Index of Remedies*
- 418 *About the Author*