

TABLE OF CONTENTS

<i>Acknowledgements</i>	ix
Introduction.....	ix
HEAD & NECK	
Headache	3
Conjunctivitis	27
Otitis Media	31
Allergy and Coryza	43
Sinusitis	53
Tooth Pain	61
Pharyngitis & Tonsillitis	71
Thyroid Conditions	83
CHEST	
Cough	99
Uncomplicated Cough.....	108
Croup.....	123
Pertussis.....	126
Pneumonia	133
Asthma	145
Cardiac Conditions	171
Arrhythmia.....	172
Angina.....	181
Degenerative Disorders of the Heart.....	190
DIGESTION	
Nausea and Vomiting	205
Stomach Pain	217
Diarrhea	227
Abdominal Pain	243
Liver Disorders	255
Hemorrhoids	271
UROGENITAL	
Urinary Tract Infection	281
Kidney Stones	295
Prostate Conditions	303
Uterine Hemorrhage	311

TABLE OF CONTENTS

PERIPHERAL ORGANS

Musculoskeletal Disorders.....	323
Acute Arthritis.....	324
Tendinitis and Bursitis.....	331
Rheumatoid Arthritis.....	333
Degenerative Arthritis.....	347
Back Pain and Sciatica.....	356
Injury & Trauma.....	367
Bruises and Blunt Trauma.....	369
Sprains.....	375
Fractures.....	379
Burns.....	381
Wounds.....	385
Surgical Trauma.....	391
Sunstroke and Heat Exhaustion.....	396
Spinal Injury.....	399
Concussion.....	402
Skin Diseases.....	405
Eczema.....	407
Psoriasis.....	416
Cracking Skin.....	427
Urticaria.....	429
Poison Oak.....	435
Herpes Zoster.....	441
Simple Herpes.....	446
Genital Herpes.....	453
Impetigo.....	460
Fungal Infections.....	465
Cellulitis.....	468
Acne.....	471
Abscess.....	477
Warts.....	486
Vitiligo.....	491

TABLE OF CONTENTS

SYSTEMIC CONDITIONS

Vertigo	495
Influenza	509
Fever	519
Neurological Disorders	571
Multiple Sclerosis.....	572
Bell's Palsy.....	583
Tics, Cramps and Twitches.....	586
Convulsive Disorders.....	591
Parkinson's Disease.....	603