




Contents

Preface	10
Chapter ONE - Journey to the Bowel Nosodes	12
Link between Chakras and fairy tales and introduction to the Bowel Nosodes	
Chapter TWO - Iridology and the Intestines	20
Introduction to Iridology	20
Introduction to the Intestines	28
The Small Intestine	28
The Large Intestine	30
The Autonomic Nerve Wreath	34
Chapter THREE	44
The emergence of the Bowel Nosodes - Introducing Dr Edward Bach	
Chapter FOUR	53
Introduction to the Energy Bodies	53
Incorporating Colours and Vibrations as Remedies	68
The PHYSICAL BODY - Energy Body No. 1	71
The EMOTIONAL BODY - Energy Body No. 2	80
The MENTAL BODY - Energy Body No. 3	85
The ASTRAL BODY - Energy Body No. 4	92
The ETHERIC BODY and the SOUL - No. 5	101
The BUDDHIC & CAUSAL BODY - No. 6 & 7	106
Chapter FIVE - Introduction to the Chakras	115
The BASE CHAKRA - No. 1	121
The Planet SATURN	~C 123
The Element EARTH	^ 125
The Colour RED - Wavelength 625-700nm	129

The Metal LEAD		130
Bowel Nosodes - Morgan Pure & Gaertner		133
Remedies Related to the Base Chakra		136
The SACRAL CHAKRA - No. 2		138
The Planet JUPITER		145
The Element WATER		146
The Colour ORANGE - Wavel. 595-635nm		148
The Metal TIN		149
Bowel Nosode - Sycotic Co.		151
Remedies Related to the Sacral Chakra		157
The SOLAR PLEXUS - No. 3		159
The Planet MARS		162
The Element FIRE	^	164
The Colour YELLOW - Wavel. 570-595nm		166
The Metal IRON		167
Bowel Nosode - Morgan Gaertner		169
Remedies Related to the Solar Plexus		170
The HEART CHAKRA - No. 4	^	172
The Planet SUN	^	175
The Element AIR		177
The Colour GREEN - Wavel. 495-570nm		179
The Metal GOLD		180
Bowel Nosode - Proteus		182
Remedies Related to the Heart Chakra		184
The THROAT CHAKRA - No. 5		185
The Planet VENUS		188
The Element ETHER		188
The Colour BLUE - Wavelength 440-495nm		190
The Metal COPPER		191
Bowel Nosode - Gaertner (Bach)		194

Remedies Related to the Throat Chakra	197
The BROW CHAKRA - No. 6	199
Q	
The Colour INDIGO - Wavel. 410-440nm	201
The Planet and Metal MERCURY	202
Bowel Nosode - Dysentery Co.	206
Remedies Related to the Third Eye	209
The CROWN CHAKRA - No. 7	211
The Colour PURPLE - Wavel. 380-410nm	212
The MOON	213
The Metal SILVER	215
Bowel Nosodes - Bac. No. 7 and No. 10	217
Remedies Related to the Crown Chakra	220
Chapter SIX - Introduction to the Sarcodes	221
The PITUITARY GLAND	222
The PINEAL GLAND	226
The THYROID GLAND	229
The PARATHYROID	235
The THYMUS GLAND	238
The PANCREAS	242
The SPLEEN	244
SECRETIN	245
The KIDNEYS	247
The ADRENAL GLANDS	249
The GONADS	252
The UTERUS	252
The OVARIES	253
The CORPUS LUTEUM	255
The PLACENTA	256
The MAMMARY GLANDS	257
The PROSTATE GLAND	258
The TESTES and ORCHITINUM	259

Chapter SEVEN - Introduction to the Tissue Salts	261
TISSUE SALTS & BACH FLOWER REMEDIES	271
The Main Focus of Physical Problems: Choosing	272
Cell Salts	
ARIES - the Ram	275
TAURUS - the Bull	279
GEMINI - the Twins	283
CANCER-the Crab	287
LEO-the Lion	291
VIRGO-the Virgin	294
LIBRA - the Scales	301
SCORPIO - the Scorpion	305
SAGITTARIUS - the Archer	311
CAPRICORN - the Goat	316
AQUARIUS - the Water-bearer	322
PISCES-the Fish	327
Conclusion	334
The Bowel Nosode Programme	344
THE BOWEL NOSODES TABLE	347
Chart - Planets, Chakras & Tissue Salts	356
Chart - Bowel Nosodes, Chakras & Related Rx	357
Bibliography	358
Glossary of Remedies	362
Table of Nosodes and Bowel Nosodes	369
Table of Sarcodes	371
Index	372