

Table of Contents

1. Abdomen & Groins	1
Ascites	1
Bubo	4
Diaphragmitis	6
Hernia	8
Peritonitis	12
Potbelly	15
Tabes Mesenterica	16
2. Arms, Elbows, Hands & Wrists	19
Brachialgia	19
Carpal Tunnel Syndrome	23
Enthesitis	25
Paronychia	27
Repetitive Strain Syndrome	30
Trigger Finger	32
Writer's Cramp	34
3. Blood & Blood Vessels	36
Anaemia	36
Aneurysm	42
Arteriosclerosis and Atherosclerosis	44
Blood Pressure	47
Clotting Disorders	51
Embolism and Thrombosis	55
Oedema	57
Septicaemia and Pyemia	63
Varices	66
Vasculitis	69
4. Bones, Cartilage & Periosteum	73
Bone Caries	73
Exostosis	75
Fractures	77
Osteitis	79

<u>Chapters</u>	II	<u>To Pages</u>
Osteomyelitis		81
Osteoporosis		82
Periosteitis		83
Rickets		85
5. Brain, Nerves & Spinal Cord		88
Apoplexy		88
Ataxia		93
Brain Injury		97
Catalepsy		99
Cerebral Palsy		100
Chorea		102
Convulsions		108
Delirium		112
Dementia		116
Encephalitis and Myelitis		120
Epilepsy		125
Hydrocephalus		131
ME: Myalgic Encephalomyelitis		135
Meningitis		136
MND: Motor Neurone Disease		142
MS: Multiple Sclerosis		143
Paralysis		147
Parkinson's Disease		152
Poliomyelitis		155
Tetanus		158
Tourette's Syndrome		162
Unconsciousness		163
6. Bronchi, Lungs & Pleura		170
Asthma		170
Bronchitis		176
Chest Pain		181
Cystic Fibrosis		183
Dyspnoea		184
Emphysema		188
Haemoptysis		190
Pleurisy		193
Pneumonia		196
Tuberculosis		200

<u>Chapters</u>	<u>III</u>	<u>To Pages</u>
7. Cancer		206
Bone		207
Brain		208
Breast		210
Female Genitalia		213
Gastro-intestinal Tract		219
Leukaemia		226
Liver		229
Male genitalia		231
Oral		235
Pancreas		240
Respiratory Tract		242
Skin		246
Urinary Tract		249
8. Children's Complaints		251
Attention Deficit Disorder (ADD)		251
Autism		255
Breast Feeding		256
Bullied		258
Crying		261
Dentition		263
Dyslexia		267
Fontanelles		270
Growing Pains		271
Hyperactivity		273
Learning Disabilities		275
Mental Handicap		279
Night Terrors		281
Puberty		283
Timidity		285
9. Ears & Hearing		287
Cerumen		287
Deafness		289
Dysacusia		293
Earache		296
Meniere's Disease		300
Motion Sickness		303

Chapters	IV	To Pages
Otitis		306
Otorrhoea		312
Tinnitus		315
10. Emergency		319
 Anthrax		319
 Asphyxia		321
 Bites		325
 Burns and scalds		330
 Choking		333
 Collapse		336
 Dehydration		339
 Drug Overdose		340
 Gaspng		341
 Poisoning		343
 Rape Victims		350
 Shock		351
 Stings		355
 Sunstroke		357
11. Emotional Disturbances		360
 Abandonment		360
 Anger		362
 Boredom		371
 Dysphoria		372
 Fear and Phobia		378
 Grief		383
 Guilt and Remorse		386
 Humiliation		388
 Jealousy		390
 Mood		392
 Nostalgia		407
 Self-Confidence		409
 Weeping		412
12. Endocrine Glands		416
 Adrenal Dysfunction		416
 Blood Sugar		421
 Diabetes		424

<u>Chapters</u>	V	<u>To Pages</u>
Growth Problems		432
Thyroid Problems		435
13. Exanthemata		441
Chickenpox		441
Erysipelas		443
Herpes		446
Measles		450
Rubella		453
Scarlatina		455
Smallpox		460
14. Eyes & Vision		464
Ametropia		464
Asthenopia		468
Colour Perception		471
Conjunctiva		476
Cornea		486
Dysopsia		493
Eyelids		502
Lachrymation		509
Lens and Aqueous Humour		514
Ocular Muscles		518
Retina		524
Uvea		529
15. Female Genitalia		536
Cervicitis		536
Displaced Uterus		537
Fibroma		543
Metritis		545
Metrorrhagia		548
Oophoritis		552
Ovarian Tumours		556
Pelvic Inflammatory Disease (PID)		558
Salpingitis		561
Vaginismus		562
Vaginitis		565

<u>Chapters</u>	VI	<u>To Pages</u>
16. Fevers		568
Brucellosis		568
Dengue		571
Glandular Fever		573
Influenza		576
Malaria		580
Miscellaneous Fevers		586
Relapsing Fever		594
Rheumatic Fever		596
Typhoid Fever		599
Typhus		605
Yellow Fever		609
17. Food & Nutrition		613
Alcohol Abuse		613
Appetite and Hunger		620
Eating Disorders		628
Malnutrition		632
Obesity		638
Thirst		642
Vitamin Deficiencies		647
18. Head & Face		653
Acne		653
Alopecia		656
Bell's Palsy		660
Dandruff		662
Headache		664
Head Injury		670
Migraine		672
Pediculosis		677
Prosopalgia		678
Vertigo		683
19. Heart & Pulse		690
Arrhythmia		690
Carditis		696
Dilatation and Hypertrophy		703
Heart Failure		707

<u>Chapters</u>	VII	<u>To Pages</u>
Ischaemia		709
Murmur		715
Palpitation		717
Valvular Heart Disease		723
MI Hips, Loins & Pelvis		726
Back Injuries		726
Coccygodynia		728
Disc Disease		731
Hip Disease		735
Lumbago		739
Spina Bifida		742
XI. Immunity & Lymphoid Tissue		743
Abscess		743
Allergy		746
Chronic Fatigue Syndrome (CFS)		748
Hodgkin's Disease		752
Lymphadenitis		753
Spleen Disorders		757
22. Intestines		760
Appendicitis		760
Bowel Obstruction		762
Cholera		764
Colic		769
Constipation		772
Diarrhoea		777
Diverticular Disease		784
Dysentery		785
Flatulence		790
Gastroenteritis		794
Helminthiasis		796
Inflammatory Bowel Disease (IBD)		800
Irritable Bowel Syndrome (IBS)		803
Malabsorption Syndrome		806
23. Joints		807
Arthritis		807

<u>Chapters</u>	VIII	<u>To Pages</u>
Bursitis		816
Dislocation		818
Gout		819
Spondylitis		823
Sprain		827
Synovitis		829
24. Legs, Knees, Feet & Ankles		831
Achilles Tendinitis		831
Elephantiasis		833
Knee Injuries		834
Meralgia Paraesthetica		837
Plantar Fasciitis		839
Sciatica		841
Shinsplint Syndrome		846
Tarsal Tunnel Syndrome		849
Toenail Problems		851
25. Liver, Gallbladder & Pancreas		853
Cholecystitis		853
Cholelithiasis		855
Cirrhosis		858
Hepatitis		862
Jaundice		866
Nutmeg Liver		871
Pancreatitis		874
26. Male Genitalia		878
Penis		878
Prostate		882
Scrotum		888
Spermatic Cord		890
Testes		892
27. Men's Complaints		897
Aspermia		897
Dyspermia		898
Erection Painful		900
Impotence		902

<u>Chapters</u>	IX	<u>To Pages</u>
Nocturnal Emissions		906
Premature Ejaculation		910
Priapism		911
Spermatorrhoea		913
28. Mental Illnesses		916
Anxiety		916
Delusion		925
Depression		929
Hallucination		936
Mania		939
Memory Lapse		947
Neurosis		952
Personality Disorders		962
Psychosis		975
Suicidal Tendency		982
29. Mouth, Tongue, Gums & Teeth		986
Bruxism		986
Dental Caries		988
Glossitis		990
Gustation		992
Leukoplakia		997
Mumps		998
Periodontal Disease		1000
Ranula		1005
Salivation		1006
Speech Impediments		1012
Stomatitis		1015
Toothache		1021
30. Muscles & Tendons		1026
Atrophy		1026
Contraction		1027
Dystrophy		1035
Fibromyalgia		1037
Myasthenia		1040
Strain		1044
Wounds		1046

<u>Chapters</u>	X	<u>To Pages</u>
31. Neck, Shoulders & Thorax		1050
Costalgia		1050
Frozen Shoulder		1053
Neck Pain		1057
Pleurodynia		1061
Scapulalgia		1062
Tietze's Syndrome		1065
Torticollis		1067
32. Nose & Naso-Pharynx		1070
Adenoids		1070
Cold		1071
Epistaxis		1076
Hay Fever		1078
Nasal Polyps		1082
Olfaction		1083
Ozaena		1086
Sinusitis		1088
Snoring		1091
33. Oesophagus, Stomach & Duodenum		1092
Achalasia of the Cardia		1092
Belching		1094
Dyspepsia		1097
Gastritis		1102
Haematemesis		1106
Heartburn		1109
Hiccoughs		1112
Nausea and Vomiting		1114
Oesophagismus		1121
Peptic Ulcer		1124
Reflex Oesophagitis		1127
34. Parturition		1130
After-Pains		1130
Childbed		1132
False Labour		1140
Labour and Delivery		1142
Lochia		1147

Chapters	XI	To Pages
Nursing and Mammary Affections		1149
Postpartum		1156
Sick Baby		1162
Subinvolution of Uterus		1164
95. Pharynx, Larynx & Trachea		1166
Aphonia and Hoarseness		1166
Cough		1168
Diphtheria		1173
Laryngitis		1177
Pertussis		1182
Pharyngitis		1185
Tonsillitis		1187
Tracheitis		1189
36. Pregnancy		1192
Abortion		1192
Aches and Pains		1197
Blood Disorders		1202
Eclampsia		1206
False Conception		1208
Foetus Progress		1210
Food/Pica		1212
Gastric Disorders		1213
Mental Problems		1218
Morning Sickness		1220
Urinary Problems		1224
Uterine Haemorrhage		1226
37. Rectum & Anus		1228
Anal Fissure		1228
Fistula-in-Ano		1230
Haemorrhoids		1232
Proctalgia		1237
Proctitis		1238
Prolapsus Ani		1240
Rectal Bleeding		1243
Tenesmus		1245

Chapters	XII	To Pages
38. Sexual Problems		1249
Aversion to Sex		1249
Coition Painful		1252
Frigidity		1255
Homosexuality		1257
Infertility		1260
Lascivia		1265
Libido Low		1270
Masturbation		1271
Paraphilia		1275
Promiscuity		1277
39. Skin		1280
Aesthesia		1280
Bedsores		1284
Boils and Carbuncles		1286
Dermatitis		1290
Desquamation		1293
Eczema		1298
Erythema		1303
Hypertrophies		1309
Impetigo		1313
Leprosy		1316
Lichen		1319
Perspiration		1321
Pigmentation		1328
Pruritus		1333
Scabies		1340
Tinea		1342
Tumours		1348
Ulcers		1351
40. Sleep & Dreams		1356
Cataplexy and Narcolepsy		1357
Catnap		1360
Dreams and Dreaming		1362
Drowsiness		1368
Hypersomnia		1371
Insomnia		1373

Chapters	XIII	<u>To Pages</u>
Night Starts		1379
Sleeping Sickness		1381
Somnambulism		1383
Somniloquy		1384
€L Toxicity		1386
Antagonists		1386
Chemotherapy		1388
Coffee and Tea		1389
Hangover		1392
Hypnotics and Sedatives		1394
Laxatives and Purgatives		1395
Poison Ivy		1396
Psychotropic Drugs		1397
Radiation Sickness		1402
Salt and Sugar		1403
Tobacco		1406
Vaccination		1409
42. Urinary Organs		1413
Anuria and Oliguria		1413
Cystitis		1416
Dysuria and Strangury		1421
Enuresis		1426
Glycosuria		1430
Haematuria		1431
Ischuria		1434
Nephritis		1438
Polyuria		1444
Proteinuria		1445
Renal Failure		1448
Urinary Tract Infection (UTI)		1451
Urolithiasis		1454
43. Venereal Diseases		1460
AIDS		1460
Chancroid		1462
Condylomata Acuminata		1465
Gonorrhoea		1468

<u>Chapters</u>	XIV	<u>To Pages</u>
Herpes Genitalis		1473
Non-Specific Urethritis (NSU)		1476
Syphilis		1479
44. Women's Complaints		1485
Amenorrhoea		1485
Dysmenorrhoea		1490
Endometriosis		1495
Leucorrhoea		1496
Menarche		1501
Menopause		1505
Menorrhagia		1508
Oligomenorrhoea		1512
Premenstrual Syndrome (PMS)		1514
Word Index		1519
References		1531