## **Contents**

	Foreword	xv
	Part 1: The Role of Homeopathy during Modern Epidemic Threats	
1.	What Is Homeopathy and How Does It Work?	.3
	Homeopathic Remedy Preparation and Potency.	
	Is There Proof That Homeopathy Works?	
	Was Homeopathy Ever Popular in the United States?	
	Who Uses Homeopathy?	.11
	Can Homeopathy Totally Replace Allopathic Medicine as	
	It Is Practiced in This Country?	
	11	.13
	Understanding the Difference between Allopathic Medicine and Homeopathy.	15
	Is There a Time When Drugs Should Be Used Instead Of	.10
		.17
		.18
	Can Anything I Eat or Drink Antidote	
	My Homeopathic Remedy?	20
	Are Homeopathic Remedies Dangerous?	
	What Is a Proving?	22
2.	Homeopathic Standard Operating Procedures	25
	What Do We Do during an Epidemic or a Terrorist Attack?	25
	Some Frequently Asked Questions.	27
3.	The History of Pandemics and the Ebola Virus	31
	Killer Bugs and Viruses:	
	The Black Plague of the Twentieth Century.	
	The Coming Pandemics	
	Ebola Zaire	
	Ebola Sudan.	
	Ebola Marburg.	
	Ebola Reston.  What Can We Do?	
4.	Homeopathic Remedies for the Flu and Colds	
	Headaches with Flu or a Cold.	
	Cold Remedies	61

## x • Homeopathy for Epidemics

5.	SARS: Pandemic of the 21st Century?	
	The SARS Outbreak	.67
	Symptoms of SARS.	.68
	Homeopathic Remedies	
	Other Possible SARS Remedies.	.96
	Part 2: Biological and Chemical Terrorism:	
	Homeopathic Strategy for Today's World	
6.	Modern-Day Epidemic Threats	109
	The Hantavirus Epidemic	109
	Lyme Disease.	.115
	1 0 0 1	.119
	1 0	.122
	1	.126
	West Nile Virus	132
7.	Smallpox	145
	The History of Smallpox ,	145
	J 1 1	.146
	8	.147
	Homeopathic Treatment of Smallpox	147
		.148
	1	.153
	Homeopathic Journal Proves Use of Homeopathy Against Smallpox	.164
8.	Anthrax and Homeopathic and Antibiotic	
	Treatment Protocols	167
	Anthrax Biological Warfare Information	167
	Paths of Infection	.168
	Symptoms of Pulmonary Anthrax	169
	Symptoms for Cutaneous Anthrax	.172
	Symptoms for Gastrointestinal Anthrax	.173
	What Else Can I Do?.	.174
9.	A Terrorist Attack Releasing Plague	<b>17</b> 5
	What Is Plague?	.176
	Preventing Plague	179
	Symptoms of Pneumonic Plague	181

10.	Botulism and Bioterrorism Attack.  What Is Botulism?  Clinical Information.  Homeopathic Treatment.	183 183 184 187
11.	Nerve and Chemical Agent Attack.  Types of Nerve Agents.  Plain Talk on the Symptoms.  Types of Homeopathic Symptoms.  Behavioral and Psychological Changes.  Respiratory Inhalation.  Cardiovascular Symptoms.  Gastrointestinal Symptoms.  Ocular (Eye) Symptoms.  After-Exposure Symptoms.	.195 .196 .197
	Part 3: Epidemic Materia Medica	
12.	Homeopathic Epidemic Materia Medica	201
	Aconitum napellus	
	Ammonium carbonicum.	204
	Antimonium tartaricum.	206
	Apis mellijica.	206
	Arnica montana	208
	Arsenicum album.	
	Atropinum	210
	Baptisia tinctoria.	212
	Belladonna atropa	212
	Bellis perennis.	214
	Bothrops.	214
	Bryonia alba	214
	Cantharis	216
	Carbo vegetabilis.	216
	Carbolicum acidum.	217
	Chamomilla	219
	China officinalis.	219
	Coccus cacti.	220
	Coffeacruda.	222
	Colocynthis.	. 222
	Conjum maculatum	223

## xii • Homeopathy for Epidemics

Crataegus oxyacantha	225
Crolatus horridus	
Cuprum metallicum.	228
Datura stramonium.	
Digitalis purpurea.	230
Drosera rotundijolia.	
Echinacea angustijolia.	
Eupatorium perfoliatum	
Eerrum phosphoricum.	
Gelsemium sempervirens	235
Hepar sulphuris.	236
Hypericum perforatum	
Hyoscyamus niger	
Ignatiaamara.	
Iodiumpurum.	
Ipecacuanha	
Lachesis muta.	
Laurocerasus	
Ledum palustre.	248
Mercurius corrosivus.	
Naja tripudians	
Nitricum acidum.	
Nux vomica.	
Opium	255
Phosphorus	
Plumbum metallicum.	
Pulsatilla nigricans.	
Pyrogenium	
Rhus toxicodendron.	
Ruta graveolens.	
Secale cornutum.	
Sulphur	
Veratrum album.	
Zincum metallicum.	
Part 4: Posttraumatic Stress Disorder	
What Is Posttraumatic Stress Disorder?	
How Do You Get PTSD?	
Symptoms of PTSD.	280

14.	What PTSD Survivors Need.  Find Your Safe Place.  It Is About Boundaries.  On Judging and Listening.  Let It Happen in Its Own Time.  Random Acts of Kindness.  What Good Has Come out of PTSD Trauma?	286 287 289 291 292
15.	Homeopathy for PTSD.  The Dangers of Retracing with PTSD Survivors: What Should Be in Place.  Finding the Right Homeopath for a PTSD Survivor.  Acute and Chronic Trauma Homeopathic Remedies.  PTSD and Anger.	297 298 301
	Shock and PTSD: What Do They Have in Common? What Is Shock?  Signs and Symptoms of Shock  What Can I Do to Prevent a Person from Going into Shock? Shock and PTSD Survivors.  Homeopathic Remedies	313 315 316 317 318
17.	Flower Essences for PTSD.  What You Love Can Help Heal You.  Flower Essences for PTSD Symptoms.	324
18.	Shamanism and PTSD.  What Is Shamanism?.  How Do We Lose and Recover "Pieces" of Ourselves?.  How Can Shamans Help?.  Hot and Cold Journeys.  Homeopathic Treatment and Soul Recovery and  Extraction (SR/E) Applications.	334 335 336 337
	Indicators of Soul Loss.	.341
$Ap_{j}$	pendix A: Homeopathic Antidote List	347
$Ap_{j}$	Research Professional Societies and Associations Homeopathic Products and Services Related Organizations.	353 353 360 365 381

## xiv • Homeopathy for Epidemics

Appendix C: Resources	<b>38</b> 5
Ordering Flower and Gem Essences	385
Flower Reports.	386
Locating a Shamanic Facilitator to Request a	
Soul Recovery and Extraction Journey for Yourself.	386
Homeopathic Kits by Eileen Nauman	.387
Appendix D: Other Books by Eileen Nauman	389
Appendix E: Homeopathic Software	391
Bibliography	393
Index	401