

# Contents

Acknowledgements	vn
Introduction	ix
About these provings	xi
Gems as a family	1
<b>Amethyst immersion</b>	
Introduction	13
Negative seed essence	15
Positive seed essence	18
Key mental themes	18
Pysche	26
Spiritual themes	39
Generals	45
Physical Particulars	47
Cases	48
<b>Black opal immersion</b>	
Introduction	55
Negative seed essence	58
Positive seed essence	63
Pysche	65
Spiritual themes	91
Generals	97
Physical Particulars	99
Cases	103
<b>Diamond immersion</b>	
Introduction	111
Negative seed essence	115
Positive seed essence	123
Pysche	126
Spiritual themes	163
Generals	170
Physical Particulars	172
Cases	175
<b>Emerald immersion</b>	
Introduction	189
Negative seed essence	191
Positive seed essence	194
Feminine/Masculine	196
Pysche	197
Spiritual themes	204
Generals	206
Physical Particulars	206
Cases	208

## Golden topaz immersion

Introduction	215
Negative seed essence	217
Positive seed essence	221
Key mental themes	222
Pysche	225
Spiritual themes	229
Generals	233
Physical Particulars	234
Cases	236

## Is lazuli immersion

Introduction	243
Negative seed essence	245
Positive seed essence	249
Key mental themes	251
Pysche	253
Spiritual themes	254
Generals	256
Physical Particulars	257
Cases	258

## ion immersion

Introduction	265
Negative seed essence	267
Positive seed essence	271
Pysche	273
Spiritual themes	278
Generals	279
Physical Particulars	280
Cases	281

## Pearl immersion

Introduction	289
Negative seed essence	293
Positive seed essence	298
Key mental themes	301
Pysche	306
Spiritual themes	314
Generals	316
Physical Particulars	317
Cases	321

## Quartz crystal immersion

Introduction	331
Negative seed essence	333
Positive seed essence	337
Pysche	339
Spiritual themes	349

## Contents

Generals	351
Physical Particulars	352
Cases	354

## Rhodonite immersion

Introduction	361
Negative seed essence	363
Positive seed essence	365
Psyche and substance	366
Mental themes	368
Spiritual themes	371
Generals	374
Physical Particulars	375
Cases	376

## Ruby immersion

Introduction	379
Negative seed essence	382
Positive seed essence	385
Key mental themes	386
Pysche	389
Spiritual themes	393
Generals	395
Physical Particulars	396
Cases	398

## Sapphire immersion

Introduction	405
Negative seed essence	407
Positive seed essence	410
Key mental themes	411
Pysche	422
Spiritual themes	434
Generals	440
Physical particulars	441
Cases	444

Spirituality, process, and homeopathy	454
Provings index	456
Concepts and themes index	459
Bibliography	466
Author, illustrator, and contributors	467